

Tide is High Cha Cha

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 1 级数: Ultra Beginner
编舞者: Russell Breslauer (USA) - June 2012
音乐: The Tide Is High - Blondie
或: any cha cha music



FORWARD, RECOVER, CHA-CHA-CHA, BACK, RECOVER, CHA-CHA-CHA

1 – 2 Step forward Right, recover Left
3 & 4 Cha-cha step Right, Left , Right
5 – 6 Step backward Left, recover Right
7 & 8 Cha-cha step Left, Right , Left

SIDE, RECOVER, CROSS AND CROSS, SIDE, RECOVER, CROSS AND CROSS

9 – 10 Step Right to right side, recover Left
11 & 12 Cross right in front of left, step Left in place, cross Right in front of Left
13– 14 Step Left to left side, recover Right
15 & 16 Cross Left in front of right, step Right in place, cross Left in front of Right

CROSS, RECOVER, ½ RIGHT TURN, CROSS, RECOVER, ½ CHA-CHA-CHA ½ LEFT

17 – 18 Step Right over left, recover Left foot
19 & 20 Cha-cha turn ½ to the right with Right, Left, Right
21 – 22 Step Left over right, recover Right
23 & 24 Cha-cha turn ½ to the left with Left, Right, Left

SIDE, RECOVER, BEHIND SIDE CROSS, SIDE, RECOVER, BEHIND SIDE CROSS

25 – 26 Step Right to right side, recover Left
27 & 28 Step Right behind left, step Left to the left, Cross the Right over the left
29 – 30 Step Left to left side, recover Right
31 & 32 Step Left behind right, step Right to the right, Cross the Left over the right

REPEAT TO END

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