

# Tide is High Cha Cha

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32                      墙数: 1                      级数: Ultra Beginner  
编舞者: Russell Breslauer (USA) - June 2012  
音乐: The Tide Is High - Blondie  
或: any cha cha music



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## **FORWARD, RECOVER, CHA-CHA-CHA, BACK, RECOVER, CHA-CHA-CHA**

1 – 2                      Step forward Right, recover Left  
3 & 4                      Cha-cha step Right, Left , Right  
5 – 6                      Step backward Left, recover Right  
7 & 8                      Cha-cha step Left, Right , Left

## **SIDE, RECOVER, CROSS AND CROSS, SIDE, RECOVER, CROSS AND CROSS**

9 – 10                      Step Right to right side, recover Left  
11 & 12                      Cross right in front of left, step Left in place, cross Right in front of Left  
13– 14                      Step Left to left side, recover Right  
15 & 16                      Cross Left in front of right, step Right in place, cross Left in front of Right

## **CROSS, RECOVER, ½ RIGHT TURN, CROSS, RECOVER, ½ CHA-CHA-CHA ½ LEFT**

17 – 18                      Step Right over left, recover Left foot  
19 & 20                      Cha-cha turn ½ to the right with Right, Left, Right  
21 – 22                      Step Left over right, recover Right  
23 & 24                      Cha-cha turn ½ to the left with Left, Right, Left

## **SIDE, RECOVER, BEHIND SIDE CROSS, SIDE, RECOVER, BEHIND SIDE CROSS**

25 – 26                      Step Right to right side, recover Left  
27 & 28                      Step Right behind left, step Left to the left, Cross the Right over the left  
29 – 30                      Step Left to left side, recover Right  
31 & 32                      Step Left behind right, step Right to the right, Cross the Left over the right

## **REPEAT TO END**

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