

Ironic

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - June 2012
音乐: Ironic - Alanis Morissette : (iTunes)



Starts 40 Seconds Into Track... "It's Like Rai..(GO)..ain"

Side, Rock & Side, Behind & 1/4, Rock, Recover, Back, 1/4, Cross, 1/4.

- 1-2& Step Left to Left side, cross rock Right behind Left, recover on Left.
- 3-4& Step Right to Right side, cross step Left behind Right, step Right to Right side.
- 5-6 Make 1/4 turn to Right stepping forward on Left, rock forward on Right.
- 7&8 Recover on Left, step back on Right, make 1/4 turn to Left stepping Left to Left side.
- &1 Cross step Right over Left, make 1/4 turn to Left stepping forward on Left.

Step 1/2 Step, 1/2, 1/2, 1/4 , Rock Step, Step, Cross 1/8, Back 1/8.

- 2&3 Step forward on Right, pivot 1/2 turn to Left, step forward on Right.
- 4&5 Make 1/2 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right, 1/4 turn to Right stepping Left to Left side. ***
- 6-7 Cross rock Right behind Left, recover on Left.
- 8&1 Make 1/8 turn to Right stepping forward Right (7:30), 1/8 turn to Left cross stepping Left over Right (6:00), 1/8 turn to Left stepping back on Right (4:30).

Back, Back, 1/8 Side, Rock & Drag, Walk, Walk, Step, 1/2, 1/2.

- 2&3 Step back on Left, step back on Right, make 1/8 turn to Left stepping Left to Left side (3:00).
- 4&5 Cross rock Right over Left, recover on Left, step Right to Right side dragging Left.
- 6-7 Walk forward Left-Right.
- 8&1 Step forward on Left, pivot 1/2 turn to Right, make 1/2 turn to Right stepping back on Left.

Back, 1/2, 1/2, 1/2, Step, Rock Step, Back Rock, (Side).

- 2-3 Step back on Right, make 1/2 turn to Left stepping forward on Left.
- 4&5 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, step forward on Right.
- 6-7 Rock forward on Left, recover on Right.
- 8& (1) Cross rock Left behind Right, recover on right, (step Left to Left side).

Tag 1: End of Wall 2 Facing Back.

Side, Rock & Side, Rock & Walk, Walk, Step, 1/2, 1/2 Touch.

- 1-2& Step Left to Left side, cross rock Right behind Left, recover on Left.
- 3-4& Step Right to Right side, rock back on Left, recover on Right.
- 5-6 Walk forward Left-Right.
- 7&8 Step forward on Left, pivot 1/2 turn to Right (weight on Right), 1/2 turn to Right touching Left next to Right.

Tag 2: End of Wall 5 Facing Left Side Wall.

- 1-2 Sway hips Left-Right.

***Restart: Wall 6.. Dance Up To & Including Count 5 Section 2.. Then Change Steps As Follows..

- 6&7 Cross rock Right behind Left, recover on Left, step Right to Right side.
- 8 Make 1/2 turn (hinge) to Left touching Left next to Right.

Then Restart Dance From Beginning