

Back In Time

COPPERKNOB
STEPPERS

拍数: 40 墙数: 4 级数: Improver
编舞者: Regina Cheung (CAN) - June 2012
音乐: Back In Time (From "Men In Black III") - Pitbull



Intro : 48 Counts

TAG: Section 5 (count 33 - 40), right after intro before the dance

Sec 1: Forward Rock, Back Shuffle, Back Rock, Forward Shuffle

1, 2 Rock right forward, Recover on left
3&4 Step back on right, lock left over right, step back on right
5, 6 Rock back on left, Recover on Right
7&8 Step left forward, Step right next to left, Step left forward (12:00)

Sec 2: Rocking Chair, Jazz Box 1/4 Right Cross

1, 2 Rock right forward, Recover onto left,
3, 4 Rock right backward, Recover onto left
5, 6 Right cross over left, Step left back 1/4 right
7, 8 Step right to right side, Left cross over right (3:00)

Sec 3: Toe Strut, Cross Strut, Side Rock, Cross Shuffle

1, 2 Touch right toe to right side, Drop right heel,
3, 4 Touch left toe over right, Drop left heel
5, 6 Rock right to right side, Recover on left
7&8 Cross right over left, Step left to left side, Cross right over left (3:00)

Sec 4: Side Rock, Sailor 1/2 left, Forward Touch X 2

1, 2 Rock left to left side, Recover on right
3&4 Cross left behind right making 1/2 turn left, Step right beside left, Step forward on left
5, 6 Big step right forward right diagonal, Slide left next to right
7, 8 Big step left forward left diagonal, Slide right next to left (9:00)

Sec 5: Side Touch X 4

1, 2 Roll right knee out step on right on right side, Touch left next to right
3, 4 Roll left knee out step on left on left side, Touch right next to left
5, 6, 7, 8 Repeat 1 - 4 (9:00)

Start Again

Restart : Wall 2 (6:00), 5 (9:00) & 9 (9:00) - SKIP Section 5 (count 33-40)

Ending : Wall 10 - count 27 & 28, sailor NO turn, continue to end (12:00)

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