

Il Mio Giorno Migliore

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Irene Groundwater (CAN) - May 2012
音乐: Il Mio Giorno Migliore - Giorgia



Pattern: Intro – 16 counts, (1-32) x 2, TAG,
Note: This dance is based (in parts) on the Social Cha Cha

[1-8] (STOMP, HEEL, TOE, HEEL) X 2

1-2-3-4 Side stomp R, Move R Heel to right, R Toe to right, R Heel to right
5-6-7-8 Side stomp L, Move L Heel to left, L Toe to left, L Heel to left

[9-16] (ROCK STEP, COASTER STEP) X 2

1-2 Rock R forward, Replace weight on L,
3&4 R back, Step L beside R, R forward
5-6 Rock L forward, Replace weight on R
7&8 L back, Step R beside L, L forward

[17-24] CROSS ROCK, SIDE CHA CHA , CROSS ROCK, TURNING CHA CHA

1-2 Cross R over L, Replace weight on R
3&4 Side step R, Step L beside R, Side step R
5-6 Cross L over R, Replace weight on L
7&8 Side step L, Step R beside L, L forward making ¼ turn left on step

[25-32] FWD, ¼ TURN L, CROSS CHA CHA, STOMP, KICK, BEHIND, SIDE, CROSS

1-2 R forward, Pivot ¼ turn left onto L
3&4 Cross R over L, Side step L, Cross R over L
5-6 Stomp up L, Kick L diag. forward
7&8 Cross L behind R, Side step R, Cross L over R

END OF DANCE

TAG – 16 COUNTS

Dance counts 1 TO 16 SHOWN ABOVE (Sections 1 and 2 shown above)
