

# Strait From The Heart

拍数: 48      墙数: 1      级数: Beginner - Country style  
编舞者: Rene & Reg Mileham (UK) - May 2012  
音乐: Fool Hearted Memory - George Strait : (CD: Strait From The Heart)



16 count intro.

## Section 1: Rock forward, hold. Triple 1/2 turn. 2 x Forward shuffles

1 - 2      Rock right foot forward, hold  
3 & 4      Triple 1/2 turn left (left, right, left)  
5 & 6      Right shuffle forward  
7 & 8      Left shuffle forward

## Section 2: Side, together, right chasse. Repeat to left

1 - 2      Step right to right side, close left next to right  
3 & 4      Chasse right  
5 - 6      Step left to left side, close right next to left  
7 & 8      Chasse left

## Section 3: Right step, lock, step, lock, step. Repeat to left

1 - 2      Step right forward, lock left behind right  
3 & 4      Step right forward, lock left behind right, step right forward  
5 - 6      Step left forward, lock right behind left  
7 & 8      Step left forward, lock right behind left, step left forward

## Section 4: Rock forward, hold. Triple 1/2 turn. 2 x Forward shuffles

1 - 2      Rock right foot forward, hold  
3 & 4      Triple 1/2 turn left (left, right, left)  
5 & 6      Right shuffle forward  
7 & 8      Left shuffle forward

## Section 5: Travelling back-Cross, back, side, cross, back, side, cross, back

1 - 2      Cross right over left, step back on left  
3 - 4      Step right to right side, cross left over right  
5 - 6      Step right back, step left to left side  
7 - 8      Cross right over left, step left back

## Section 6: Rumba box

1 - 2      Step right to right side, close left to right  
3 & 4      Right shuffle forward  
5 - 6      Step left to left side, close right to left  
7 & 8      Left shuffle back

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