

I Told You So

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Jodie Lavinia Cope (UK) - May 2012
音乐: I Told You So (feat. Randy Travis) - Carrie Underwood



Count in – After 16 counts – start on vocal “suppose I called you up tonight”

(1-8) Long step right, Rock behind, Recover, ¼ turn, Step pivot ½ turn, 1 ¼ turn, Behind, Side.

1, 2 & Long step right to right side(1) Rock left behind right(2), Recover weight onto right(&),
3 Make a ¼ turn left stepping forward on left(3)9:00,
4 – 5 Step forward on right(4) Pivot ½ turn left transferring weight onto left(5),3:00
6 Make ½ turn left stepping back on right(6), 9:00
& Make ½ turn left stepping forward on left(&),3:00
7 Make ¼ turn left stepping right to right side(7),12:00
8 & Cross left behind right(8), Step right to right side(&).

(9-16) Cross rock, Recover, Side, Cross, Side, Rock ¼ turn, Recover, Step forward right, left, ½ turn. Rock back, Recover.

1 & Cross rock left over right(1), Recover weight onto right foot(&)
2 & 3 Long step Left to Left side(2) Cross right over left(&), Step left to left side(3),
4 Make a ¼ turn right rocking back on right foot(4),3:00
& 5 Recover weight onto left foot(&), Step forward on right(5),
6 – 7 Step forward on left(6), Make a ½ turn left stepping back on right(7)9:00,
8 & Rock back on left foot(8). Recover weight onto right foot(&)

(17-24) Step forward, Side rock & cross, Side rock & cross, Step back, ¼ turn, Cross, Side.

1, 2 & Step forward on left(1), Rock right to right side(2), Recover weight onto Left(&),
3, 4 & Cross Right over left(3), Rock left to let side(4), Recover weight onto right(&),
5 – 6 Cross left over right(5), Step back on right(6),
7 Make a ¼ turn left stepping left to left side(7)6:00.
& 8 Cross right over left(&),Step left to left side(8).

(25-32) Rock behind, Recover, Side, Behind, Side, Infront, Side, Behind, Side, Cross rock, Recover, Side, Cross, Side, Touch.

1 & 2 Rock right behind left(1), Recover weight onto left(&), Step right to right side(2)
3 & 4 Cross left behind right(3),Step right to right side(&), Cross left over right(4),
& 5 & Step right to right side(&),Cross left behind right(5), Step right to right side(&),
6 & 7 Rock left over right(6), Recover weight onto right(&), Step left to left side(7),
& 8 & Cross right over left(&)Long step left to left side(8) Touch right toe next to left(&).

Tag and Restart:-

At the beginning of sequence 5, facing wall 12:00, add the following steps:-

(This is the first 8 counts of the dance, but the last two counts are different).

(Tag) Long step right, Rock behind, Recover, ¼ turn, Step pivot ½ turn, 1 ¼ turn, Side rock, Recover.

1, 2 & Long step right to right side(1) Rock left behind right(2), Recover weight onto right(&),
3 Make a ¼ turn left stepping forward on left(3)9:00,
4 – 5 Step forward on right(4) Pivot ½ turn left transferring weight onto left(5),3:00
6 Make ½ turn left stepping back on right(6), 9:00
& Make ½ turn left stepping forward on left(&),3:00
7 Make ¼ turn left rocking right to right side(7),12:00
8 Recover weight onto left foot (8).

Then restart the dance

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