

Imelda's Way

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Adrian Churm (UK) - May 2012
音乐: Inside Out (Latin Mix) - Imelda May & Blue Jay Gonzalez



(Start on vocals)

Section 1. Side, together, forward, Charleston.

- 1 – 4 Step left foot to the side, close right to left, step left foot forward, hold
5 – 8 Swing right foot around to the front touching forward, hold, swing right foot around to the back ending with weight on right foot, hold.

Section 2. Coaster step, shuffle (or lockstep) forward.

- 1 – 4 Step left foot back, close right foot to left, step left foot forward, hold
5 – 8 Shuffle or lock step forward (right, left, right) hold.

Section 3. ¼ turn right, weave to the right.

- 1 – 4 Step left foot forward, make a ¼ turn right, step left foot across right, hold
5 – 8 Step right foot to the right, Step left foot behind, step right foot to the right, Step left foot across right

Section 4. Scissor step, step across, side point, touch together, hip bump.

- 1 – 4 Step right foot to the side, close left foot towards right, step right across left, hold
5 – 8 Point left foot to the side, touch left next to right, bump left hip out then back in.

Ladies, men if you like you can put right hand behind head and left hand on left hip for the hip bump

Start again, no tags or restarts

Happy Dancing

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