

Back in Black

拍数: 40 墙数: 4 级数: High Beginner
编舞者: Brandon Zahorsky (USA), Junior Willis (USA) & Jy-Yeong Wu - May 2012
音乐: Back In Time (From "Men In Black III") - Pitbull : (iTunes)



Intro: 56 counts

(for fun, you can do the last 8 counts of the dance in the last 8 counts of the Intro – counts 49 through 56)

[1-8] WIZARD, WIZARD, ROCKING CHAIR

1,2& Step Right forward, lock Left behind Right, step Right forward
3,4& Step Left forward, lock Right behind Left, step Left forward
5,6 Rock forward on Right, recover on Left
7,8 Rock back on Right, recover on Left

[9-16] ¼ PIVOT, TRIPLE CROSS, POINT AND POINT, ¼ SIT

1-2 Step Right forward, pivot ¼ turn Left (weight on Left) (9:00)
3&4 Cross Right over Left, step on ball of Left, Cross Right over Left
5&6 Point Left to side, step Left next to Right, point Right to side
7-8 Roll Right knee in to Left while going to a sit position, roll Right knee out to Right while making a 1/4 turn to Right, weight stays on Left (12:00)

[17-24] SWAY, SWAY, TRIPLE FORWARD, SWAY, SWAY, TRIPLE FORWARD

1,2 Sway hips forward, sway hips back
3&4 Triple forward (R-L-R)
5,6 Touch Left forward while swaying forward, sway hips back
7&8 Triple forward (L-R-L)

[25-32] ROCK, RECOVER, ¼ CROSS, STEP SLIDE, STEP SLIDE

1,2 Rock Right forward, recover Left
3,4 Step Right ¼ Right, cross step Left over Right (3:00)
5-6 Step diagonally back on Right, slide Left to Right
7-8 Step diagonally back on Left, slide Right to Left

[33-40] "MACARENA", BOOTY SMACK

1,2 Right hand on Left waist, Left hand on Right waist
3,4 Right hand on Right "CHEEK", Left hand on Left "CHEEK"
5,6 Right hand forward palm out, Left hand to side palm down
&7&8 Gallop forward (R-L-R-L) smacking cheek on 7-8

REPEAT

Restart: walls 2-5-9 leave off last 8 counts.