

Ah, Sugar

拍数: 32 墙数: 1 级数: Beginner
编舞者: Rene & Reg Mileham (UK) - May 2012
音乐: Sugar Sugar - The Archies : (Album: Absolutely The Best Of The Archies / Sugar,
Sugar - iTunes)



Intro: 16 counts

SIDE, REPLACE, ROCK & CROSS TWICE

1-2-3&4 Step right to side, replace, cross right over left, rock & rock
5-6-7&8 Step left to side, replace, cross left over right, rock & rock

SHUFFLE ½ TURN TWICE, BACK ROCKING CHAIR

1&2 Shuffle turn ½ right (can be replaced with right forward shuffle)
3&4 Shuffle turn ½ right (can be replaced with left forward shuffle)
5-6 Rock right back, recover to left
7-8 Rock right forward, recover to left

½ RUMBA BOX TWICE

1-2 Step right to side, step left together
3&4 Chassé forward right, left, right
5-6 Step left to side, step right together
7&8 Chassé forward left, right, left

FIGURE OF 8 GRAPEVINE (CAN BE REPLACED WITH RIGHT & LEFT GRAPEVINES)

1-2 Step right to side, cross left behind right
3-4 Step right, turn ¼ right and step left forward
5-6 Pivot turn ½ right, turn ¼ right and step left to side
7-8 Cross right behind
