

The Only Time I'm Free (aka Inspired)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Johnny Sheehan (UK) - April 2012
音乐: Heaven in My Woman's Eyes - Tracy Byrd



From Llandudno Weekend

[1-8] Step x2, Scissor Step, Step x2, Step-Cross, Point:

1-2 Step R to R side, Step L beside R
3&4 Step R to R, Step L beside R, Cross-step R over L, Hold
5-6 Step L to L side, Step R behind L
&7-8 Step L beside L, Cross-step R over L, Point L to L side

[9-16] Sailor 1/4 Turn L, Step, Pivot 1/2 Turn L, Shuffle 1/4 Turn L, Rock-Recover:

1&2 Sweep-step L round into 1/4 turn L, Step R beside L, Step L slightly to L side
3-4 Step R fwd, Pivot 1/2 turn L
5&6 Shuffle 1/4 turn L
7-8 Rock-step back on L, Recover on R

[17-24] Touch-Hitch-Step, Touch-Hitch-Touch, R Coaster-Cross, Scissor Step:

1&2 Leaning body to R - Touch L to L side, Hitch L, Step L beside R
3&4 Leaning body to L - Touch R to R side, Slide R up to L & Hitch R, Touch R beside L
5&6 R Coaster - cross
7&8 Step L to L side, Step R beside L, Cross-step L over R

[25-32] Side R Together-Back, Shuffle 1/4 Turn L, Step-Pivot 1/2 Turn L X2:

1&2 Step R to R side, Step L beside R, Step R back
3&4 Shuffle 1/4 turn L
5-6 Step R fwd, Pivot 1/2 turn L
7-8 Step R fwd, Pivot 1/2 turn L

(alternative steps on counts 5-8: Rocking chair fwd/back)

..Start again and Enjoy...