

Mambo 101

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Beginner
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音乐: Mambo No.5 - Lou Bega



MAMBO FORWARD, HOLD- MAMBO BACK, HOLD

1-4 Rock right forward, recover left, step right next to left, hold
5-8 Rock left back, recover right, step left next to right, hold

MAMBO RIGHT, HOLD- STEP TOGETHER STEP, TOUCH

1-4 Rock right to right side, recover left, step right next to left, hold
5-8 Step left to left side, step right next to left, step left to left side, touch right next to left

CROSS MAMBO, ¼ TURN STEP- SHUFFLE FORWARD, HOLD

1-4 Cross right over left, recover left, ¼ turn right step right, hold
5-8 Step left forward, step right to left, step left forward, hold

MAMBO ¼ TURN STEP- SHUFFLE FORWARD, HOLD

1-4 Rock forward right, recover left, ¼ turn right step right, hold
5-8 Step left forward, step right to left, step left forward, hold

START AGAIN

RESTART: At the beginning of wall 14 do steps 1-8 and start over.

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