

If It Isn't Love

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 4 级数: Beginner
编舞者: Sally Hung (TW) - May 2012
音乐: Ru Guo Zhe Dou Bu Suan Ai (如果這都不算愛) - Jacky Cheung (張學友)



Start the dance on lyrics - Sequence of dance: no tag, no restart

SI. OB CHA CHA

1,2,3,4 Step back on R, step L in place, step R to R side, step R fwd,
5,6,7,8 Step L fwd, step R in place, step L to L side, step R in place

SII. ¼ TURN R, ROCK RECOVER, ½ TURN L TRIPLE STEP, ROCK RECOVER, TRIPLE STEP

1,2,3&4 ¼ turn R rocking back on R, recover on L, ½ turn L triple steps on RLR
5,6,7&8 Rock back on L, recover on R, triples steps on LRL

SIII. STEP FWD-BUMP TWICE X2, STEP BACKWARD-TAP SIDE X2

1,2,3,4 Step R fwd and bump twice, step L fwd and bump twice
5,6,7,8 Step R backward, tap L to L side, step L backward, tap R to R side

SIV. FWD ROCK, COASTER STEP, FWD ROCK, SHUFFLE TURN ½ L

1,2,3&4 Rock R fwd, recover on L, step back on R, step L together, step R fwd
5,6,7&8 Rock L fwd, recover on R, shuffle turn ½ L, and step L,R,L

SV. FWD BOX STEP, TRIPLE STEP, BACKWARD BOX STEP, TRIPLE STEP

1,2,3&4 Step R to R side, step L beside R, step R fwd, triple step on the spot, stepping RLR
5,6,7&8 Step L to L side, step R beside L, step back on L, triple step on the spot, stepping LRL

SVI. L ROCK, TRIPLE STEP, R ROCK, TRIPLE STEP

1,2,3&4 Rock R to R side, rock onto L in place, triple step on the spot, stepping R,L,R
5,6,7&8 Rock L to L side, rock onto R in place, triple step on the spot, stepping L,R,L

SVII. ROCK RECOVER-SIDE SHUFFLE X2

1,2,3&4 Rock R across L, recover on L, side shuffle on RLR
5,6,7&8 Rock L across R, recover on R, side shuffle on LRL

SVIII. STEP ½ PIVOT L, FWD SHUFFLE, STEP ¼ PIVOT R, TRIPLE STEP

1,2,3&4 Step R fwd, pivot ½ turn L, fwd shuffle on RLR
5,6,7&8 Step L fwd, pivot ¼ turn R, triple step on the spot, stepping LRL

Have fun & happy dancing!

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