Western Swung

拍数: 48

级数: Intermediate

编舞者: Annie Saerens (BEL) - May 2012

音乐: How The West Was Swung - Gene Pistilli : (iTunes)

16 count intro

STEP, TOUCHKICK, COASTER, CHASSE, ¼ CHASSE

1-2-3&4 R step forward, L kick forward toe touch, L step back, together with R, cross over with L

5&6&7&8 R step side, together with L, R step side, ¼ turn L, L step side, together with R, L step side

STEP, TOUCHKICK, COASTER, CHASSE, ¼ CHASSE

- 1-2-3&4 R step forward, L kick forwardforward toe touch, L step back, together with R, cross over with L
- 5&6&7&8 R step side, together with L, R step side, ¼ turn L, L step side, together with R, L step side

CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR 1/4

- 1-2-3&4 Cross over with R, L step side, cross behind with R, L step side, together with R
- 5-6-7&8 Cross over with L, R step side, cross behind with L, ¼ turn L stepping side with R, L step forward

KICK BALL STEP, ½, KICK BALL STEP ¼

- 1&2-3-4 Diagonal R forward kick, together with R, L step forward, R step forward, ½ turn L
- 5&6-7-8 Diagonal R forward kick, together with R, L step forward, R step forward, ¼ turn L

ROCK STEP, CHASSE, ROCK STEP, SHUFFLE ½

- 1-2-3&4 R cross rock, recover onto L, R step side, together with L, R step side
- 5-6-7&8 L forward rock, recover onto R, ¼ turn L stepping side with L, together with R, ¼ turn L stepping forwardside with L

CROSS, SIDE, HEEL, TOGETHER, CROSS SHUFFLE, ROCK STEP ¼, KICK BALL STEPCHANGE

- 1&2&3&4 Cross over with R, L step side, R diagonal heel touch, together R, cross over with L, R step side, cross over with L
- 5-6-7&8 R rock side, recover onto L with ¼ turn L, R kick forward, together with R, L step forward

Restart: End of 2nd wall (6.00), dance the first 32 counts and restart the dance from the beginning.

Ending: When the music slows down at rotation 6 (6.00), dance slowly to the music the first 8 counts and add:

1&2-3-4R chassé ¼ turn L, cross over with L, R side touchon the 8 first counts, add another chasse
to the right followed by a chasse ¼ turn L

Choreographer's e-Email: annie.saerens@countryplanet.be





墙

墙数:4