

C'est Pas La Peine

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Newcomer
编舞者: Fabien REGOLI (FR) - May 2012
音乐: C'est pas la peine - Solely Dancefloor



[1-8] HELL, TOE, SHUFFLE FORWARD, HELL, TOE, SHUFFLE FORWARD

1-2 Touch right heel forward, touch right toe back
3&4 Step (D-G-D) before
5-6 Touch left heel forward, touch left toe behind
7&8 Shuffle (G-D-G) before

[9-16] RIGHT ROCK STEP FORWARD, ½ TURN, SHUFFLE, ROCK STEP FORWARD LEFT, LEFT ROCK STEP BACK

1-2 Rock forward on the right, recover on left
3&4 ½ turn right not hunted (DGD) forward
5-6 Rock forward left, back onto right
7-8 Rock back left, back onto right

[17-24] ROLLING VINE TO LEFT, TOUCH, TO ROLLING VINE RIGHT, TOUCH

1-2 Step forward, 1/4 turn left, - right back, 1/2 turn left
3-4 Step left 1/4 turn left - touch right beside left
5-6 Step forward, 1/4 turn right - left back, 1/2 turn right
7-8 Step right 1/4 turn R - touch left beside right

[25-32] KICK BALL CHANGE X2, SIDE ROCK STEP, SAILOR ¼ TURN

1&2 Kick left forward, step left beside right, put the weight on RF
3&4 Kick left forward, step left beside right, put the weight on RF
5-6 Rock left to left - recover onto right
7&8 Cross left behind right, 1/4 turn left, step right in place, step left beside right

AGAIN AT FIRST AND KEEP SMILING

TAG: late 10th to the first 8 wall accounts of dance and do:
ROCK STEP FORWARD RIGHT, ROCK STEP BACK RIGHT

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