

Rock Da Boat

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - May 2012
音乐: Rock the Boat (feat. Pitbull, Dragonfly & Fatman Scoop) - Bob Sinclar : (Album: Disco Crash - iTunes)



Starts After 32 Counts

Side Rock & Side Rock, Touch, Touch, 1/4, Together.

- 1-2 Rock Left to Left side, recover on Right.
- &3-4 Step Left next to Right, rock Right to Right side, recover on Left.
- 5-6 Touch Right toe forward and across Left (lean slightly back and Right), touch Right toe to Right side.
- 7-8 Make 1/4 turn to Right taking weight on Right, step Left next to Right.

Bounce Bounce, Bounce Bounce, Back, Coaster Step, Step.

- 1-2 Step back on Right turning to Right diagonal as you bounce down & up, bounce down & up.
- 3-4 Step back on Left turning to face Left diagonal as you bounce down & up, down & up.
- 5 Step back on Right.
- 6&7 Step back on Left, step Right next to Left, step forward on Left.
- 8 Step forward on Right.

Step, Touch, & Step, 1/4, Together, Behind & Cross, Side.

- 1-2 Step forward on Left, touch Right next to Left.
- &3-4 Step slightly back on Right, step forward on Left,, pivot 1/4 turn to Right.
- 5 Step Right next to Left.
- 6&7 Cross step Left behind Right, step Right to Right side, cross step Left over Right.
- 8 Step Right to Right side.

Cross Rock & Cross, Side, Behind, 1/4, Step, 1/2.

- 1-2 Cross rock Left over Right, recover on Right.
- &3-4 Step Left to Left side, cross step Right over Left, step Left to Left side.
- 5-6 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left.
- 7-8 Step forward on Right, pivot 1/2 turn to Left.

Side Rock & Side Rock, Touch, Touch, 1/4, Together.

- 1-2 Rock Right to Right side, recover on Left.
- &3-4 Step Right next to Left, rock Left to Left side, recover on Right.
- 5-6 Touch Left toe forward and across Right (lean slightly back and Left), touch Left toe to Left side.
- 7-8 Make 1/4 turn to Left taking weight on Left, step Right next to Left.

Step, Cross, 1/4, Step, Heel, Grind, Back, Lock.

- 1-2 Step forward on Left, cross step Right over Left.
- &3-4 Make 1/4 turn to Right stepping back on Left, step Right to Right side, step forward on Left.
- 5-6 Step Right heel forward, grind Right heel to Right.
- 7-8 Step back on Right, **R** lock Left over Right.

1/2, Mambo Step, Back, 1/2, Step, 1/2, Step.

- 1 Make 1/2 turn to Right stepping forward on Right.
- 2&3 Rock forward on Left, recover on Right, step back on Left.
- 4 Step back on Right.
- 5-6 Make 1/2 turn to Left stepping forward on Left, step forward on Right.

7-8 Pivot 1/2 turn to Left, step forward on Right.

Rock Step, & Back, Back, Back, Bounce 1/2.

1-2 Rock forward on Left, recover on Right.

&3-4 Step Left next to Right, step back on Right, step back on Left.

5 Step back on Right.

6-8 Make 1/2 turn to Right bouncing 3 times lifting toes on bounce and taking weight on Right on count 8.

****R** Restart... Wall 2**

Dance Up To & Including Count 7 Section 6.. Then Touch Left Next To Right & Restart From Beginning.

Last Revision - 25th May 2012
