

Shake

拍数: 32 墙数: 4 级数: Beginner
编舞者: Danielle Schill (USA) - May 2012
音乐: Country Girl (Shake It for Me) - Luke Bryan



HEEL SWIVELS, SHUFFLE R CORNER, SHUFFLE L CORNER

- 1&2 Swivel both heels to right, back to center, then swivel right, dropping weight on right heel
3&4 Swivel both heels to left, back to center, then swivel left, dropping weight on left heel
5&6 Step right to right front corner, slide left to instep of right, step right to right side corner (corner right shuffle)
7&8 Step left to left front corner, slide right to instep of left, step left to left side corner (corner left shuffle)

SHUFFLE R CORNER, SHUFFLE L CORNER, KICK BALL CHANGE, ½ TURN LEFT

- 1&2 Step right to right front corner, slide left to instep of right, step right to right side corner (corner right shuffle)
3&4 Step left to left front corner, slide right to instep of left, step left to left side corner (corner left shuffle)
5&6 Kick right foot forward, step right next to left, step left in place
7-8 Step right foot forward, turn ½ turn left

STEP SLIDE RIGHT, STEP SLIDE LEFT, GRAPEVINE RIGHT

- 1-2 Step right to right front corner, drag left next to right
3-4 Step left to left front corner, drag right next to left
5-8 Step right to right side, step left behind right, step right to right side, tap left next to right

GRAPEVINE LEFT WITH ¼ TURN LEFT, 4 ¼ LEFT PIVOTS

- 1-4 Step left to left side, step right behind left, step left to left side, turn ¼ turn left, scuff right next to left
5& Step forward with right, pivot ¼ turn left
6& Step forward with right, pivot ¼ turn left
7& Step forward with right, pivot ¼ turn left
8& Step forward with right, pivot ¼ turn left

REPEAT
