

A Sweet Surrender

COPPER KNOB
STEPSHEETS

拍数: 36 墙数: 2 级数: Intermediate
编舞者: Juliet Lam (USA) - May 2012
音乐: Sweet Surrender - Helene Fischer



Intro: 16 count.

Sec 1: Side, Rock Back, Recover, 1/4 Turn Left, Step, Pivot 1/2 Turn Left, 1/2 Turn Left, Sweep, Syncopated Weave Right, Rock Back, Recover, Step Forward Diagonal

- 1 Big step right to right side
2&3 Cross rock left behind right, recover on right, 1/4 left, step left forward (9:00)
4&5 Step forward on right, pivot 1/2 left, 1/2 left, stepping back on right, sweep left from front to back (9:00)
6&7& Cross left behind right, step right to right side, cross left over right, step right to right side
8&1 Cross rock left behind right, recover on right, turn 1/8 left, step left forward to left diagonal (7:30)

(Easier option - Count 4&5 : Right mambo forward with left sweep)

Sec 2: Step, Pivot 1/2 Turn Left, Step, Triple Full Turn Right, Mambo 1/2 Turn Right, Run, Run, Press

- 2&3 Step right forward, pivot 1/2 left, step right forward (1:30)
4&5 Make 1/2 right stepping back on left, 1/2 right, step forward on right, step forward on left
6&7 Rock forward on right, recover on left, 1/2 right, step right forward (7:30)
8&1 Run forward left, right, press left forward (7:30)

(Easier option – Count 4&5 : Left shuffle forward)

Sec 3: 1/8 Turn Left, Recover, 1/4 Turn Left, Step Right Forward, Spiral Full Turn Left, Shuffle Forward, Step, Pivot 1/4 Turn Left, Cross, Chasse Left

- 2&3 Turn 1/8 left, recover weight to right, facing 6:00, 1/4 left, step left forward, step right forward, spiral full turn left, hook left over right (3:00)
4&5 Step left forward, step right next to right, step left forward
6&7 Step right forward, pivot 1/4 left, cross right over left (12:00)
8&1 Step left to left side, step right next to left, step left to left side

(Easier option – Count 3 : Step right forward without spiral full turn)

Sec 4: Back Lock Step, Back Sweep, Back Sweep, Coaster Step, Pivot 1/2 Turn Right

- 2&3 Step back on right, cross lock left over right, step back on right (Angle body to right diagonal facing 1:00)
4-5 Step back on left, sweep right from front to back, step back on Right, sweep left from front to back (12:00)
6&7 Step back on left, step right next to left, step left forward
8 Pivot 1/2 right (Weight on right) (6:00)

Sec 5: Cross Rock, Recover, Side, Drag, Sway, Sway

- 1&2 Cross rock left over right, recover on right, step left to left side, drag right toward left (Weight on left) (6:00)
3-4 Step right to right side, sway hips to right, sway hips to left

Tag & Restart: On Wall 3 dance up to count 8& and add the below 4 count Tag. Restart facing 12:00

- 1 Make 1/4 left, step left forward
2&3 Step right forward, pivot 1/2 left, step right forward
4 Step left forward

Start Again!

