

Life Goes On

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jodie Lavinia Cope (UK) - April 2012
音乐: Life Goes On - LeAnn Rimes



Count in – 33 counts, Begin on vocals “you sucked me in and played my mind”

(1-8) Side Rock, Recover, Side Rock, Recover, Behind & Cross, Touch & Rock, Recover

1 – 2 Rock left to left side(1), Recover weight onto right(2),
3 – 4 Rock left to left side(3), Recover weight onto right(4),
5 & 6 Step left behind right(5), Step right to right side(&), Cross left over right(6),
& 7, 8 Touch right toe next to left(&), Rock right to right side(7), Recover weight onto left(8),

(8-16) Behind, ¼, step forward, Rock forward, Recover, 1 ½ turn left, Step, ½ turn, ½ turn.

1 & Cross right behind left(1), Make a ¼ turn left stepping forward on left(&)(9:00),
2, 3, 4 Step forward on right(2), Rock forward on left(3), Recover weight onto right(4)
5 Make ½ turn left stepping forward on left(5)(3:00),
& Make a ½ turn left stepping back on right(&)(9:00),
6 Make a ½ turn left stepping forward on left(6)(3:00),
7 Step forward on right(7),
8 Make ½ turn right stepping back on left(8)(9:00),
& Make ½ turn right stepping forward on right(&)(3:00).

(17-24) ¼ turn, Back rock & side, Behind, ¼, step forward, Cross, Back, ¼ cross,

1 Make a ¼ turn right stepping left to left side(1)(6:00),
2 & 3 Rock right behind left(2), Recover weight onto left(&), Step right to right side(3),
4 & Step left behind right(4), Make a ¼ turn right stepping forward on right(&)(9:00),
5, 6, 7 Step forward on left(5), Cross right over left(6), Step back on left(7),
& 8 Make a ¼ turn right stepping right to right side(&)(12:00), Cross left over right(8).

(25-32) Long side step, Drag, Back rock & recover, ¼, ¼, Back rock & recover, ¼, right shuffle forward.

1 & Make a long step right to right side(1), Drag left foot toward right(&),
2 & Rock left behind right(2), Recover weight onto right(&),
3 Make a ¼ turn left stepping forward on left(3)(9:00),
4 Make a ¼ turn left stepping a long step right to right side(4)(6:00)
& 5 Drag left foot toward right(&), Rock left behind right(5),
& 6 Recover weight onto right(&), Make a ¼ turn left stepping forward on left(6)(3:00),
7 & 8 Step forward on right(7), Step left next to right(&), Step forward on right(8).

Tag: - After the second sequence before you restart add the following steps (facing wall six)

Side rock, Recover, Behind, Side, Cross, Side rock, Recover, Behind, Side, Cross.

1 – 2 Rock left to left side(1), Recover on right(2),
3 & 4 Cross left behind right(3), Step right to right side(&), Cross left over right(4),
5 – 6 Rock right to right side(5), Recover weight onto left(6),
7 & 8 Cross right behind left(7), Step left to left side(&), Cross right over left(8).

Rock forward, Recover, Left coaster step, Rock forward, Recover, Behind, Side, Cross.

1 – 2 Rock forward on left(1), Recover weight onto right(2),
3 & 4 Step back on left(3), Step right next to left(&), Step forward on left(4),
5 6 Rock forward on right(5), Recover weight onto left(6),
7 & 8 Cross right behind left(7), Step left to left side(&), Cross right over left(8).

Then restart the dance

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