

Ain't No Smoke

拍数: 32 墙数: 4 级数: Beginner
编舞者: Cheryl Sjolund (USA) - May 2012
音乐: No Smoke - Michelle Lawson



Intro: 32 Counts from heavy beat/23 Secs (Start on Lead Vocals "I guess I fell")

Alt. Music: Small Y'all – Kenny Chesney featuring George Jones

Toe Struts Right and Left angled slightly Right Diagonal Step, Slide Step Touch

1-2 Right Toe Strut slightly angled to 1:00
3-4 Left Toe Strut slightly angled to 11:00
5-8 facing R diagonal step fwd R, slide L beside R, step fwd R, tch L beside R

Toe Struts Left and Right angled slightly – Left Diagonal Step Slide Step Touch

1-2 Left Toe Strut slightly diagonal to 11:00
3-4 Right Toe Strut angled to 1:00
5-8 Facing L diagonal step fwd L, slide R beside L, step fwd L, tch R beside L

Toe Strut Jazz Box a quarter turn to the right.

1 – 4 cross R toe over L, bring R heel down, making $\frac{1}{4}$ turn R step L toe back, bring L toe down
5 – 8 step R toe to R side, bring R heel down, step L toe in place, bring L heel down

Side Toe Points, Rocking Chair

1-2 Touch right out to side, return weight to right foot.
3-4 Touch left out to side, return weight to left foot.
5-8 Rock right forward, recover left, rock back right, recover left.

(Option: straight toe struts.)

(Option: slow 8 count jazz box)

Repeat
