I'm Begging



拍数: 32

墙数: 2

级数: Improver

编舞者: Wendy Monaghan (NZ) & Tom Monaghan (NZ) - April 2012

音乐: Don't Make Me Beg - Steve Holy : (Album: Blue Moon)



[1-8] TOUCH, TOUCH, TOUCH, SAILOR, SAILOR, KICK, 1/4TURN, TOUCH

- 1&2 Touch R to side, touch R beside L, touch R to side
- 3&4 Step R behind L, step L to side, step R to side
- 5&6 Step L behind R, step R to side, step L to side
- 7&8 Kick R forward, step R back turning ¼ Left, touch L beside R. (9.00)

[9-16] TOUCH, TOUCH, TOUCH, BEHIND, 1/4TURN, FORWARD, FORWARD, RECOVER, 1/2TURN, 1/4TURN, BESIDE.

- 1&2 Touch L to side, touch L beside R, touch L to side
- 3&4 Step L behind R, step R forward into ¼ turn right, step L forward
- 5&6 Step R forward, recover on L, turn ½ turn Right step R forward, (6.00)
- 7,8 Turn ¼ turn Right step L to side, step R beside L.
- (WALL 3 RESTART HERE) (9.00)

[17-24] HEELS, TOES, HEELS, HEELS, TOES, HEELS, FWD, TAP, BACK, KICK, 1/2TURN-SAILOR

- 1&2 Swivel heels Right, swivel toes Right, swivel heels Right
- 3&4 Swivel heels Left, swivel toes Left, swivel heels to Centre
- 5&6& Step R forward, tap L behind R, step L back, kick R forward
- 7&8 Step R behind L turning ¹/₂ turn right, step L to side, step R to side. (3.00)

[25-32] SCUFF, HITCH, STEP, SCUFF, HITCH, STEP, BACK, KICK, BACK, KICK, BEHIND, 1/4TURN, FORWARD

- 1&2 Scuff L forward, hitch L turning to face Left diagonal, step L beside R
- 3&4 Scuff R forward, hitch R turning to face Right diagonal, step R beside L
- 5&6& Step L back (straighten to centre), kick R forward, step R back, kick L forward
- 7&8 Step L behind R, & turn 1/4 turn right step R forward, step L forward. (6.00)

Repeat dance in new direction. Have Fun.

Restart: During wall 3 Dance to count 16, touch R beside L then restart facing the side wall. (9.00) Note: After the above restart the dance is continued on the side walls.

