This Ole Boy



编舞者: Anne Herd (AUS) - March 2012

音乐: This Ole Boy - Craig Morgan: (Single - iTunes)



Start dancing on lyrics (32 counts in). Moves clockwise.

RIGHT DOROTHY, LEFT DOROTHY. ROCK/REPLACE. ½ SHUFFLE

1-2&3-4& Step R diagonally forward, Lock L behind R,Step R diagonally forward, Step L diagonally

forward, Lock R behind L, Step L diagonally forward

5-6-7&8 Rock forward on R/ replace L, Turn ½ R, shuffle forward stepping RLR

(option: replace counts 7&8 with a 1 ½ turn R stepping RLR)

ROCK/REPLACE, COASTER. OUT OUT, HOLD, HIP ROLL

1-2-3&4 Rock forward on L, replace R, Step L back, step R together, step forward on L

&5-6-7-8 Step R diagonally forward, step L diagonally forward. Hold for one count. Roll hips in a circle

starting from R over 2 counts

SIDE ROCK, BEHIND AND CROSS, SIDE ROCK, BEHIND AND 1/4

1-2-3&4 Rock R to side/ replace L, Step R behind L, step L to side, cross R over L

5-6-7&8 Rock L to side/replace R, Step L behind R, turn ¼ R step forward on R, step forward on L.

KICK & POINT, KICK & POINT, 1/4 PIVOT, 1/4 PIVOT

1&2-3&4 Kick R forward, bring R together, Point L to side, Kick L forward. Bring L together, Point R to

side

5-6-7-8 Step onto R turning ¼ L, take weight to L. Step onto R turning ¼ L, take weight to L

Restart dance.

To end dance, you will be facing the front at count 7-8 (hip roll) Slow the hip roll down a bit, put hands on hips and exaggerate the roll for a bit of fun.

Contact - Email: anneherd@bigpond.com - Mobile: 0428693501