

Oh My Goodness

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Grant Stanley (SCO) & Lesley Clark (SCO) - April 2012
音乐: Oh My Goodness - Olly Murs : (CD: In Case You Didn't Know)



Intro: 24 count intro start on the heavy beat

ROCK, RECOVER, CROSS SHUFFLE, ¼ TURN, STEP, STEP, LOCK, STEP, LOCK, STEP

1-2 Rock right out to right side, recover on left
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 ¼ turn right stepping back on left, step right to right side
7&8&1 Step forward on left, lock right behind left, step forward on left, lock right behind left, step forward on left

RIGHT ROCKING CHAIR, STEP, ½ TURN, STEP

2-3 Rock forward on right, recover on left
4-5 Rock back on right, recover on left
6-7 Step forward on right, ½ turn left
8 Step forward on right

½ TURN SHUFFLES RIGHT X2, ROCK, RECOVER, COASTER CROSS

1&2 ½ turn shuffle right, stepping right, left, right
3&4 ½ turn shuffle right stepping right, left, right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right next to left, cross step left over right

ROCK, RECOVER, SAILOR ¼ TURN, ROCK, RECOVER, ¾ TURN SHUFFLE

1-2 Rock right out to right side, recover on left
3&4 Step right behind left, step forward on left making ¼ turn right, step forward on right
5-6 Rock forward on left, recover on right
7&8 ¾ turn left shuffle stepping left, right, left

Start Again.....Happy Dancing

Restarts:

On wall 5 restart the dance after count 16.

On wall 10 restart the dance after count 24.