

# Mas Y Mas

**COPPERKNOB**  
STEPSHEETS

拍数: 70                      墙数: 2                      级数: Improver  
编舞者: Totoy Pinoy (USA) - April 2012  
音乐: Mas y Mas - Los Fantasmas del Caribe : (CD: Lo Mejor de Los Fantasmas del Caribe - iTunes)



**Start dancing after 64 counts from first beat**

## **FORWARD ROCK, LOCK CHASSE BACK, BACK ROCK, LOCK CHASSE FORWARD**

1-2                      Rock left forward, recover to right  
3&4                      Locking chassé back left, right, left  
5-6                      Rock right back, recover to left  
7&8                      Locking chassé forward right, left, right

## **FORWARD ROCK, LOCK CHASSE BACK, BACK ROCK, TURN 1/2 LEFT, BALL STEP**

1-6                      Repeat 1-6, above section  
7-8                      Step right forward and turn 1/2 left, step left toe back

## **HOP BACK, TURN 1/2 LEFT, BALL STEP, HOP BACK (3X)**

&1-2                      Lift left heel hitching right knee, step right back, step left together  
3-4                      Step right forward and turn 1/2 left, step left toe back  
&5-6                      Lift left heel hitching right knee, step right back, touch left together  
&7-8                      Repeat &5-6  
&9-10                      Repeat &1-2

**Arm styling for each hop step: palms facing sides, rub flats of hands together across chest, right hand toward back**

## **CROSS-BALL-STEP (RIGHT, LEFT, RIGHT), WEAVE TO RIGHT, CROSS-BALL-STEP (LEFT, RIGHT, LEFT), WEAVE TO LEFT**

1&2                      Cross right over left, step ball of left slightly to left, step right in place  
3&4                      Cross left over right, step ball of right slightly to right, step left in place  
5&6                      Repeat 1&2  
7-10                      Cross left over right, step right to side, cross left behind right, step right to side  
11-20                      Repeat 1-10 with opposite footwork and direction

## **CROSS-BALL-STEP (RIGHT, LEFT, RIGHT), FORWARD WALKS**

1-6                      Repeat 1-6, above section  
7-10                      Step forward left, right, left, right

## **ANGLED FORWARD ROCK-ANGLED BACK ROCK WITH SWAYS (2X), TURN 1/2 RIGHT**

1-2                      Turn body to right diagonal and rock left forward, recover to right  
3-4                      Turn body to left diagonal and rock left back (hip left), recover to right (hip right)  
5-6                      Hip left, hip right  
7-12                      Repeat 1-6  
13-14                      Square off to wall and step left forward, turn 1/2 right

**REPEAT**

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