

# Overwhelmed

COPPER KNOB  
STEPPED

拍数: 32      墙数: 4      级数: Low Intermediate  
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音乐: What Makes You Beautiful - One Direction



## R FRONT - L SIDE – R SAILOR – L FRONT – R SIDE – L SAILOR ¼ L

1-2      Right across left, left to left  
3&4      Right behind left, left to left, right to right  
5-6      Left across right, right to right  
7&8      Left behind right making ¼ turn left, right to right, left to left

## R ROCK FWD – L ROCK BACK – R COASTER – L ROCK FWD – R ROCK BACK – L SHUFFLE ¼ L

1-2      Rock right forward, recover back left  
3&4      Step right back, left next to right, right forward  
5-6      Rock left forward, recover back right  
7&8      Shuffle left, right, left to left side, making ¼ turn left

## CROSS ROCK R – REC L – SHUFFLE R SIDE- L FRONT – R SIDE- L BEHIND, R SIDE, L ACROSS

1-2      Cross rock right over left, recover back left  
3&4      Shuffle right, left, right to right side  
5-6      Left across right, right to right  
7&8      Left behind right, right to right, left across right

## R SIDE - HOLD – & L TOG – R SIDE – TOUCH L – L TURN ¼ - R TURN ½ - ½ SHUFFLE L, R, L

1-2 &      Step right to right, hold, left together  
3-4      Right to right, touch left next to right  
5-6      Step left ¼ left, step right ½ left  
7&8      Shuffle left, right, left making ½ turn left.

**BEGIN AGAIN !**

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