You're My Lady



编舞者: Jenny Rockett (UK) - April 2012

音乐: Lady - Tony Rouse



Note: Walls start facing: Wall 1 - 12:00 (48 counts), wall 2 - 6:00 (36 counts), wall 3 - 9:00 (48 counts) wall 4 - 3:00 (36 counts), wall 5 - 6:00 (48 counts), wall 6 - 12:00 (20 counts)

8 count intro start on vocal

[1-8] R nightclub basic, L long step left, R behind & cross rock, side rock, cross rock, step 1/2 right

1,2& R step long step right, L step slightly behind R, R step across L

3,4& L step left, R step behind L, L step left

5&6& R rock across L, recover, R rock right, recover 7&8 R rock across L, recover, R step 1/4 turn right

[9-16] Full turn forward to right, L rock forward ¼ right, recover, L behind & cross rock, side rock, cross-ball-turn ¼ left

&1 run forward L,R making full turn right (or run forward L, R)

2,3 L rock forward making ¼ turn right, recover

4& L step behind, R step right

5&6& L rock across, recover, L rock left, recover
7&8 L step across R, R step 1/4 turn left, L step left

[17-25] R step together, L nightclub basic, R step right, L sailor ½ left, R cross & behind, sweep, L sailor ¼ left

&1,2& R step together, L step long step left, R step slightly behind L, L step across R

3 R step right

4&5 L sailor ½ turn left * dance ends here, ¼ or 1¼ L sailor to the front on wall 6

R step across L, L step left, R step behind L sweep L from front to back, L sailor ¼ turn left

[26-32] Run forward R,L, walk forward R,L, R mambo forward, L step back, R coaster, L step forward

2& run forward R, L

3,4 prissy walk forward R, L

5&6 R rock forward, recover, R step back

&7&8& L step back, R step back, L step together, R step forward, L step forward

[33-40] R step right, L cross rock, L side, behind, turn ¼ left, Walk forward R,L, R coaster forward

1,2& R step long step right, L rock across R, recover

3,4& L step left, R step behind left, L step 1/4 turn left *** restart wall 2 & 4

5,6 walk forward R, L

7&8 R step forward, L step together, R step back

[41-48] & walk back R, L, Sailor ¼ right, & R step right, L cross rock, L nightclub basic

&1,2 L step back, walk back R, L

3&4 Sailor ¼ right

&5,6& L step together, R step right, L rock across R, recover

7,8& L step long step left, R step slightly behind L, L step across R

Start again

This dance could be adapted for Lionel Richie version to 52, 36, 52, 36, 52, 25 by adding 4 counts to end of walls 1 & 3

(Make a full turn to the right moving right and stepping R, L, R, L). Dance would then end on count 25 where the sailor ¼ left would be replaced by sailor ¾ left to finish facing the front.

The intro would be 16 counts.

BUT Tony's version is magical, spine tingling stuff, and it's worth waiting for his CD!