

La Vida Del Verona (The Summer Life)

COPPERKNOB
STEPSHEETS

拍数: 76 墙数: 4 级数: Easy Intermediate
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音乐: Que Sí, Que Sí, Que No - Frank Galan : (CD: La Vida - Beste van - iTunes)



32 count intro after the words "Que Si, Que Tu" (14 sec).

Sec 1: [1-8] Side, Together, Side, Touch, Rolling Vine L, Touch.

- 1-2 Step Rf to the right, step Lf next to Rf.
- 3-4 Step Rf to the right side, touch Lf next to Rf.
- 5-6 Turn ¼ left (9) step Lf forward, turn ½ left (3) step Rf back.
- 7-8 Turn ¼ left (12) step Lf to the left, touch Rf next to Lf.

Restart here WALL 4 after 8 counts (Facing 9 o'clock) after start again (Facing 9 o'clock).

Sec 2: [9-16] Side, Flick, ¼ R, Back, Hook, Lock Step Fwd, Hold.

- 1-2 Step Rf to the right, flick left heel slightly up behind right leg.
- 3-4 Turn ¼ right (3) step slightly back on Lf, Rf hook up across Lf.
- 5-8 Step Rf forward, lock Lf behind Rf, step Rf forward, Hold.

Sec 3: [17-24] Half Rumba Box L, Hold, Side Rock, Recover, Step, Hold.

- 1-4 Step Lf to the left, step Rf next to Lf, step Lf forward, Hold.
- 5-8 Rock Rf to the right, recover on Lf, step Rf slightly forward, Hold. (3:00)

Sec 4: [25-32] Fwd Rock, Recover, ½ L, Step, ¼ L, Side, Behind, ¼ R, Step, Step, Hold.

- 1-2 Rock Lf forward, recover on Rf.
- 3-4 Turn ½ left (9) step Lf forward, turn ¼ left (6) step Rf to the right.
- 5-6 Step Lf behind Rf, turn ¼ right (9) step Rf forward.
- 7-8 Step Lf forward, Hold.

Sec 5: [33-40] Cross Rock, Recover, Side Rock, Recover, Back Rock, Recover, ½ L, Back, Hitch.

- 1-2 Cross rock Rf forward, recover on Lf.
- 4-3 Rock Rf to the right, recover on Lf.
- 5-6 Rock Rf back, recover on Lf
- 7-8 Turn ½ left (3) step Rf back, hitch L knee up.

Sec 6: [41-48] Cross Rock, Recover, Side Rock, Recover, Back Rock, Recover, Step, Hold.

- 1-2 Cross rock Lf forward, recover on Rf.
- 3-4 Rock Lf to the right, recover on Rf.
- 5-6 Rock Lf back, recover on Rf.
- 7-8 Step Lf forward, Hold. (3:00)

Sec 7: [49-56] Step, ¼ R, Side, Back, Hook, Step, Side, Behind, Hold.

- 1-2 Step Rf forward, turn ¼ right (6) step Lf to the left.
- 3-4 Step Rf back, Lf hook up across Rf.
- 5-6 Step Lf forward, step Rf to the right.
- 7-8 Step Lf behind Rf, Hold.

1st Tag here WALL 2 after 56 count (Facing 9 o'clock) after start again (Facing 6 o'clock).

2nd Tag here WALL 5 after 56 count (Facing 3 o'clock) after start again (Facing 12 o'clock).

Sec 8: [57-64] Side, Flick, Side, Flick, Side Mambo, Together, Hold.

- 1-2 Step Rf to the right, flick left heel slightly up behind right leg.
- 3-4 Step Lf to the left, flick right heel slightly up behind left leg.

5-8 Mambo Rf to the right, recover on Lf, step Rf next to Lf, Hold. (6:00)

Sec 9: [57-64] Side Mambo, Together, Hold, Syncopated Hip Bumps R-L-R, Hold, Chasse ¼ L.

1-4 Mambo Lf to the left, recover on Rf, step Lf next to Rf, Hold.

5&6& Step Rf to the right bump R hip to right, bump L hip to left, bump R hip to right, Hold.

7&8 Step Lf to the left, step Rf next to Lf, turn ¼ left (3) step Lf forward.

Tag:

[1-8] Fwd Jump, Hold, ¼ L, Side Jump, Hold, Syncopated Hip Bumps R-L-R-L.

&1-2 Small jump forward on Rf, touch Lf together, Hold.

&3-4 Turn ¼ left small jump to the left, touch Rf together, Hold.

5-8 Step Rf to the right bump R hip to right, bump L hip to left, bump R hip to right, bump L hip to left.

Ending: You start dancing sec 1 facing 6 o'clock, after the rolling vine L you get side flick ¼ R hook, after you make R rock forward, recover, ¼ right, side rock, recover. (12 o'clock) ending.

Start again and have fun!

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