

# O-Bla-Dance

拍数: 104      墙数: 2      级数: Phrased Intermediate  
编舞者: John Hansen - 2009  
音乐: Ob-La-Di, Ob-La-Da - The Beatles



Intro : 16 counts

**Part A – 64 counts - Sequence: A-A-B-A-B-A-C**

**Section A1: Walk forward x3, kick, walk back x3, touch**

1 – 2      Walk forward left, walk forward right  
3 – 4      Walk forward left, kick right foot forward  
5 - 6      Walk back right, walk back left  
7 - 8      Walk back right, touch left beside right

**Section A2: Scissor step left, scissor step right, mambo forward, mambo back**

1 & 2      Step left to left side, step right beside left, step left across front of right  
3 & 4      Step right to right side, step left beside right, step right across front of left  
5 & 6      Rock left forward, recover on right, close left beside right  
7 & 8      Rock right forward, recover on left, close right beside left

**Section A3: Step ½ pivot right, shuffle left, step ½ pivot left, shuffle right**

1 – 2      Step left forward, make ½ turn right  
3 & 4      Step left forward, close right beside left, step left forward  
5 – 6      Step right forward, make ½ turn left  
7 & 8      Step right forward, close left beside right, step right forward

**Section A4: Coaster forward left, coaster back right, lockstep forward left , step right, point left**

1 & 2      Step left forward, step right beside left, step left back  
3 & 4      Step right back, step left beside right, step right forward  
5 & 6      Step left forward, lock right behind left, step left forward  
7 - 8      Step right forward, point left slightly forward left

**Section A5: Step left back, point right, lockstep back right, step left, cross, ½ hinge turn**

1 – 2      Step left back, point right slightly forward right  
3 & 4      Step right back, lock left across right, step right back  
5 – 6      Step left to left side, cross right over left  
7 – 8      Turn ¼ right back on left, turn ¼ right side on right

**Section A6: Left jazz box with touch, vine right , cross left over right**

1 – 4      Cross left over right, step right back, step left to left side, touch right beside left  
5 - 8      Step right to right side, cross left behind right, step right to right side, cross left over right

**Section A7: Left coaster ½ turn left, walk left, walk right, weave right with heeljack**

1 & 2      Turn ¼ left stepping back on right, close left to right, turn ¼ right stepping forward on right  
3 – 4      Walk left, walk right  
5 – 6      Cross left over right, step right to right side  
7 & 8      Step left behind right, step right beside left angle body left(&), touch left heel forward

**Section A8: Weave left with heeljack, cross, point right, cross, point left**

& 1 – 2      Step left beside right, cross right over left, step left to left side  
3 & 4      Step right behind left, step left beside right angle body right(&), touch right heel forward  
& 5 – 6      Step right beside left(&), cross left over right, point right to right side  
7 - 8      cross right over left, point left to left side

**Part B – 32 counts**

**Section B1: Left behind, side, cross, point, stomp scuff, stomp, scuff**

- 1 – 2 Cross left behind right, step right to right side
- 3 – 4 Cross left over right, point right to right side
- 5 - 6 Stomp right forward, scuff left forward
- 7 - 8 Stomp left forward, scuff right forward

**Section B2: Right shuffle ½ turn left, left coaster step back, mambo right, mambo left**

- 1 & 2 Step right forward ¼ turn left, close left beside right, step right back ¼ turn left
- 3 & 4 step left back, close right beside left, step forward left
- 5 & 6 Rock right to right side, recover weight on left, step right beside left
- 7 & 8 Rock left to left side, recover weight on right, step left beside right

**Section B3: Right behind, side, cross, point, stomp scuff, stomp, scuff**

- 1 – 2 Cross right behind left, step left to left side
- 3 – 4 Cross right over left, point left to left side
- 5 - 6 Stomp left forward, scuff right forward
- 7 - 8 Stomp right forward, scuff left forward

**Section B4: Left shuffle ½ turn left, right coaster step back, mambo left, mambo right**

- 1 & 2 Step left forward ¼ turn right, close right beside left, step left back ¼ turn right
- 3 & 4 step right back, close left beside right, step forward right
- 5 & 6 Rock left to left side, recover weight on right, step left beside right
- 7 & 8 Rock right to right side, recover weight on left, step right beside left

**Part C – 8 counts**

**Section C1: Walk forward left and right, left and right kick ball touch, stomp, shake hands**

- 1 – 2 Walk forward left, walk forward right
  - 3 & 4 Kick left foot forward, step left next to right, touch right next to left
  - 5 & 6 Kick right foot forward, step right next to left, touch left next to right
  - 7 - 8 Stomp left forward, shake hands
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