

4 Letters

拍数: 32 墙数: 4 级数: High Beginner / Improver
编舞者: Tony Myers (UK) - April 2012
音乐: New Age - Marlon Roudette : (Original or Radio Version)



Intro 16 Counts

Step, Turn: Rock, Turn, Cross: Back, Hook: Right Shuffle

1, 2 Step forward on right (1) Pivot ¼ turn left (2) (9:00)
3&4 Rock right to side (3) Recover on left turning ¼ left (&) Cross right over left (4) (6:00)
5, 6 Step back on left (5) Hook right across left shin (6)
7&8 Step forward on right (7) Step left with right (&) Step forward on right (8)

Cross, Point: Sailor Turn: Cross Rock, Recover: Cross Shuffle

1, 2 Step left over right (1) Point right to right side (2)
3&4 Step right behind left (3) Turn ¼ right stepping left to left side (&) Step right to right side (4) (9:00)
5, 6 Rock left across right (5) Recover on right (6)
7&8 Cross left over right (7) Step right to side (&) Cross left over right (8) #Restart wall 3

Back, Behind: Behind, Side, Cross: Back, Turn: Coaster Step

1, 2 Step back on right (1) Step left behind right sweeping right out and back (2)
3&4 Step right behind left (3) Step left to side (&) Cross right over left (4)* Restart wall 7
5, 6 Step back on left (5) Turn ¼ right stepping forward on right (6) (12:00)
7&8 Step back on left (7) Step right with left (&) Step forward on left (8)

Step Bump Forward, Back: Heel, Turn, Point: Rock, Recover: Shuffle ½ Turn

1, 2 Step forward on right bumping hips forward (1) Bump hips back (2)
3&4 Dig right heel forward (3) Step down on right turning ¼ right (&) Point left to left side (4) (3:00)
5, 6 Rock forward on left (5) Recover on right (6)
7&8 Turn ¼ left stepping left to side (7) Step right with left (&) Turn ¼ left stepping forward on left (8) (9:00)

At the end of wall 1 add a 4 count Tag:-

1, 2 Sway right (1) Sway left (2)
3, 4 Sway right (3) Sway left (4)

Restart 1 on Wall 3 after 16 counts

Restart 2 on Wall 7 after 20 counts, add an '&' count stepping back on left then start again.

Please note if you are using the Radio version Restart no 2 is on wall 8