

# Goin' Back

拍数: 32                      墙数: 2                      级数: Low Beginner  
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音乐: I'm Going Back - Eugene Bridges



## BACKWARDS TOE-HEEL STRUTS WITH FINGER SNAPS

[The general movement during each step of this 8-count is backwards.]

- 1                      Step right toes to the back, bringing the arms up and ready to snap the fingers
- 2                      Step the right heel down, bringing the arms down and snapping the fingers
- 3                      Step left toes to the back, bringing the arms up and ready to snap the fingers
- 4                      Step the left heel down, bringing the arms down and snapping the fingers
- 5                      Step right toes to the back, bringing the arms up and ready to snap the fingers
- 6                      Step the right heel down, bringing the arms down and snapping the fingers
- 7                      Step left toes to the back, bringing the arms up and ready to snap the fingers
- 8                      Step the left heel down, bringing the arms down and snapping the fingers

## ROCK STEPS

[During each step of this 8-count, the left foot will not move.]

- 1                      Step and rock the right foot to the back
- 2                      Shift the weight forward to the left foot
- 3                      Step and rock the right foot to the front
- 4                      Shift the weight back to the left foot
- 5                      Step and rock the right foot to the back
- 6                      Shift the weight forward to the left foot
- 7                      Step and rock the right foot to the front
- 8                      Shift the weight back to the left foot

## TURNING SIDE-TOGETHER (x4) WITH CLAPS

[During each side step of the next 8-count, turn slightly to the left. The cumulative turn should be a ½ turn from the starting point, making the dance a 2-wall dance.]

- 1                      Step right foot to right side
- 2                      Touch left foot beside right foot and clap hands
- 3                      Step left foot to left side
- 4                      Touch right foot beside left foot and clap hands
- 5                      Step right foot to right side
- 6                      Touch left foot beside right foot and clap hands
- 7                      Step left foot to left side
- 8                      Touch right foot beside left foot and clap hands

## HIP BUMPS

[After the first step of this 8-count, the feet are planted and do not move.]

- 1&2                      Step right foot diagonally forward and bump hips forward right - backward left - forward right
- 3&4                      Bump hips diagonally backward left - forward right - backward left
- 5&6                      Bump hips diagonally forward right - backward left - forward right
- 7&8                      Bump hips diagonally backward left - forward right - backward left

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