

# I Need A Man

拍数: 48      墙数: 2      级数: Beginner  
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音乐: I Need a Man - Cotton Eye Jane : (iTunes)



Count In: 32 counts from the first "I Need A Man, Need A Man, Need A Man"

## RIGHT TRIPLE FORWARD, LEFT TRIPLE FORWARD, FORWARD ROCK, SIDE ROCK

1&2      Step right forward, bring left next to right, step right forward  
3&4      Step left forward, bring right next to left, step left forward  
5-6      Rock right forward, replace onto left  
7-8      Rock right to right side, replace onto left

## RIGHT TRIPLE BACK, LEFT TRIPLE BACK, BACK ROCK, KICK BALL CHANGE

1&2      Step right back, bring left next to right, step back on right  
3&4      Step left back, bring right next to left, step back on left  
5-6      Rock back on right, replace onto left  
7&8      Kick right forward, quickly step on ball of right, step onto left

## TRIPLE STEP FORWARD 3X, 1/4 PIVOT RIGHT

1&2      Step right forward, bring left next to right, step forward on right  
3&4      Step left forward, bring right next to left, step forward on left  
5&6      Step right forward, bring left next to right step forward on right  
7-8      Step left forward, pivot 1/4 right stepping down on right

## CROSSING TRIPLE, SIDE TRIPLE, CROSSING TRIPLE, SIDE ROCK

1&2      Cross left over right, step right to right side, cross left over right  
3&4      Step right to right side, step left next to right, step right to right side  
5&6      Cross left over right, step right to right side, cross left over right  
7-8      Rock right to right side, replace onto left

## CROSSING TRIPLE, SIDE TRIPLE, CROSSING TRIPLE, SIDE ROCK

1&2      Cross right over left, step left to left side, cross right over left  
3&4      Step left to left side, step right next to left, step left to left side  
5&6      Cross right over left, step left to left side, cross right over left  
7-8      Rock left to left side, replace onto right

## CROSS, SIDE, COASTER STEP, JAZZ BOX WITH 1/4 TURN RIGHT

1-2      Cross left over right, step right to right side  
3&4      Step back on left, bring right next to left, step forward onto left  
5-8      Cross right over left, step back on left, step right 1/4 right, step left slightly forward.

Start Again

(For beginners I decided not to do Restarts, it seems to dance OK without them)