

Hurry Up and Wait

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Phrased Advanced
编舞者: Debbie McLaughlin (UK) & Joey Warren (USA) - April 2012
音乐: Hurry up and Wait - Ida Corr : (Album: One)



Count in: After 32 counts on verse

SEQUENCE: A B A B Tag B A A B (1 wall dance. Every section starts facing 12.00)

PART A – 32 counts

WALK, WALK, CROSS, BACK, & CROSS BACK, & CROSS BACK

1, 2 Walk forward L, R
3, 4 Cross L over R, Step back on R
&5, 6 Step L to L side, Cross R over L, Step back on L
&7, 8 Step R to R side, Cross L over R, Step back on R

& HEEL & HEEL &, CROSS SHUFFLE, ¼ TURN, STEP ½ TURN, R SHUFFLE FWD

&1&2 Step L beside R, Touch R heel forward, Step R beside L, Touch L heel forward
&3&4 Step L beside R, Cross R over L, Step L to L side, Cross R over L
5&6 Make ¼ turn L stepping L forward, Step forward R, Pivot ½ turn L (weight L)
7&8 Step R forward, Step L beside R, Step R forward

WALK, WALK, HOLD, ½ TURN, ¼ TURN, BEHIND, SIDE, SIDE, BEHIND

1, 2, 3 Walk forward L, R, Hold count 3
& 4 Pivot ½ turn L taking weight forward onto L, Make ¼ turn L stepping R to R side
5, 6 Cross L behind R, Step R to R side
7, 8 Step L to L side, Cross R behind L

TOES HEELS TOES, TOES HEELS TOES, & HEEL & TOUCH, ½ TURN, ½ TURN

1&2 Making ¼ turn L and stepping L beside R, swivel both toes L, Swivel both heels L, Swivel both toes L
3&4 Swivel both toes R, Swivel both heels R, Swivel both toes R (weight R)
&5&6 Step back on L, Touch R heel forward, Step R in place, Touch L beside R
7, 8 Make ½ turn L stepping forward on L, Make ½ turn L stepping back on R

To continue into Part A or B, you must make ¼ turn L into the first step.

PART B – 32 counts

SIDE, BEHIND & TOUCH & ROCK &, ½ TURN ½ TURN, BEHIND SIDE CROSS

1, 2& Step L big step to L side dragging R to L, Cross R behind L, Step L to L side
3&4& Touch R forward to L diagonal, Step R beside L, Rock forward on L to L diagonal, Recover onto R
5, 6 Make ½ turn L stepping slightly forward on L, Make ½ L stepping R to R side
7&8 Cross L behind R, Step R to R side, Cross L over R

ROCK & CROSS, ¼ TURN ¼ TURN CROSS, COASTER ¼ TURN PRESS, COASTER STEP

1&2 Rock R to R side, Recover onto L, Cross R over L
3&4 Make ¼ turn R stepping back on L, Make ¼ turn R stepping R to R side, Cross L over R
5&6 Make ¼ turn L stepping back on R, Step L beside R, Step R forward (almost a press)
7&8 Step back on L, Step R beside L, Step forward on L

ROCK RECOVER, BEHIND ½ TURN STEP STEP, STEP ¼ TURN, CROSS ¼ TURN ¼ TURN

1, 2 Rock forward on R, Recover back onto L
3&4 Step back on R, Make ½ turn L stepping forward on L, Step R forward
&5,6 Step L forward, Step R forward, Pivot ¼ turn L taking weight on L

7&8 Cross R over L, Make $\frac{1}{4}$ turn R stepping back on L, Make $\frac{1}{4}$ turn R stepping to R side

CROSS ROCK RECOVER x2, ROCK RECOVER $\frac{1}{2}$ TURN, STEP $\frac{1}{2}$ TURN STEP

1& 2 Cross L over R, Rock R to R side, Recover weight onto L
3& 4 Cross R over L, Rock L to L side, Recover weight onto R
5&6 Rock forward on L, Recover back onto R, Make $\frac{1}{2}$ turn L stepping forward on L
7&8 Step R forward, Pivot $\frac{1}{2}$ turn L taking weight onto L, Step R forward

To continue into Part A or the Tag, you must make $\frac{1}{4}$ turn L into the first step.

TAG: 32 counts (You should notice a change in the rhythm of the music)

STEP TOUCH, STEP TOUCH, & CROSS & BEHIND & CROSS & BEHIND

1, 2 Step L forward to L diagonal, Touch R beside L
3, 4 Step R forward to R diagonal, Touch L beside R
&5&6 Step L to L side, Cross R over L, Step L to L side, Cross R behind L
&7&8 Step L to L side, Cross R over L, Step L to L side, Cross R behind L

ROCK RECOVER, CROSS SWEEP $\frac{1}{4}$ TURN, TOUCH & TOUCH & x2 $\frac{3}{4}$ TURN

1, 2 Rock L to L side, Recover weight onto R
3, 4 Cross L over R, Sweep R around from back to front making $\frac{1}{4}$ turn L (weight L)
5&6& Touch R beside L, Make $\frac{1}{4}$ L stepping R beside L, Touch L beside R, Turn $\frac{1}{4}$ turn L stepping L beside R
7&8& Touch R beside L, Make $\frac{1}{4}$ L stepping R beside L, Touch L beside R, Step L beside R

KICK BALL CROSS, SIDE DRAG, BEHIND SIDE CROSS, $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN

1&2 Low kick R diagonally forward, Step R beside L, Cross L over R
3, 4 Step R big step to R side, Drag L up to R
5&6 Cross L behind R, Step R to R side, Cross L over R
7, 8 Make $\frac{1}{4}$ turn L stepping back on R, Make $\frac{1}{2}$ turn L stepping forward on L

$\frac{1}{4}$ TURN ROCK RECOVER ROCK TOUCH, 2x FULL TURN L

1, 2 Make $\frac{1}{4}$ turn L rocking R out to R side, Recover onto L
3, 4 Rock R out to R side, Touch L beside R
5, 6 Make $\frac{1}{4}$ turn L stepping L forward, Make $\frac{1}{2}$ turn L stepping back on R
7, 8 Make $\frac{1}{2}$ turn L stepping L forward, Make $\frac{1}{2}$ turn L stepping back on R

Note: If you wish to do one turn only, change count 7 to $\frac{1}{4}$ turn stepping L to L side, and cross R over L on count 8

To continue into Part B, you must make $\frac{1}{4}$ turn L into the first step.

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