

# Do a Hump

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Patrick Latendresse (CAN) - April 2012  
音乐: Mama Do the Hump - Rizzle Kicks



Start with lyrics and dancers will be facing the 6:00 wall

## VAUDEVILLE, WALK X2, MAMBO

1&2      Cross right over left, step back on left (&), touch right heel diagonal forward  
&3      Step right beside left (&), cross left over right  
&4&      Step right backward, touch left heel diagonal forward, step left beside right (&)  
5-6      Step right forward, step left forward  
7&8      Step right forward, recover weight on left (&), step right beside left

## ROCK STEP, TRIPPLE STEPS $\frac{3}{4}$ TURN L, SCISSOR STEPS

1-2      Step left forward, recover weight on right  
3&4      Start turning  $\frac{3}{4}$  turn left while stepping left backward, step right on place (&), step left on place (now facing 9:00 wall)  
5&6      Step right to side, step left beside right (&), cross right over left  
7&8      Step left to side, step right beside left (&), cross left over right

## SYNCOPATED POINT & STEP

1&      Step on ball of right to side, recover weight on left (&)  
2&      Step on ball of right forward, recover weight on left (&)  
3&      Step on ball of right to side, recover weight on left (&)  
4      Step right backward  
5&      Step on ball of left to side, recover weight on right (&)  
6&      Step on ball of left backward, recover weight on right (&)  
7&      Step on ball of left to side, recover weight on right (&)  
8      Step left forward

## SYNCOPATED ROCKING CHAIR, ROCK STEP, HEEL SWITCHES $\frac{1}{4}$ TURNS R

1&      Step on right heel forward, recover weight on left (&)  
2&      Step on ball of right backward, recover weight on left (&)  
3&      Step on heel forward, recover weight on left (&)  
4      Step right beside left  
5&      Touch left heel forward, step left beside right (&)  
6&      Start turning  $\frac{1}{4}$  turn right while touch right heel forward, step right beside left (&) (now facing 12:00 wall)  
&7      Step right beside left (&), touch left heel forward  
&8      Start turning  $\frac{1}{4}$  turn right while stepping left beside right (&), touch right heel forward (now facing 3:00 wall)