

I Cry

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Irene Groundwater (CAN) - April 2012
音乐: I Cry - Bouke : (CD: For The Good Times)



Dance Pattern: 16 count intro, (1-32) x 8, Restart x 1, (1 – 32) x 2, Restart x 1
Restarts Pattern: Dance = Counts 9 to 24 - Plus four counts (Sway, Sway, ½ turn right, Sway)
Note: Special thanks to Joan Freeman for her input and demo-ing this dance with me.

[1-8] FWD, SWEEP, CROSS, SIDE, BACK, SWEEP, BEHIND, ¼ TURN L

1-2-3-4 R forward, Sweep L in front of R, Cross L over R, Side step R
5-6-7-8 L back, Sweep R to right, Sweep R behind L, Pivot ¼ turn left onto L

[9-16] FWD, HOLD, ROCK BACK, ROCK FWD, DIAG. BACK, HOLD, LOCK, DIAG. BACK

1-2-3-4 R forward, Hold, Rock back on L, Rock forward on R
5-6-7-8 L diag. back, Hold, Lock R over L, L diag .back

(On counts 1 to 4 - keep weight forward on these steps)

[17-24] SIDE, DRAG, TOUCH, HOLD, SIDE, DRAG, TOUCH, HOLD

1-2 Side step R, Drag L towards R
3-4 Touch L Toe beside R instep, Hold (Option – Snap fingers)
5-6 Side step L, Drag R towards L
7-8 Touch R Toe beside L instep, Hold (Option – Snap fingers)

[25-32] SWAY, HOLD, SWAY, 1/2 TURN R, FWD, KICK, BACK, TOG

1-2-3-4 Sway R, Hold, Sway L, Pivot ½ turn right onto R
5-6-7-8 L forward, Kick R forward, R back, Step L beside R

(Option make circular movements with hips on sways)

BEGIN AGAIN

RESTARTS HERE on 9th and 12th rounds. (omitting counts 1 to 8)

[9-16] FWD, HOLD, ROCK BACK, ROCK FWD, DIAG. BACK, HOLD, LOCK, DIAG. BACK

1-2-3-4 R forward, Hold, Rock back on L, Rock forward on R
5-6-7-8 L diag. back, Hold, Lock R over L, L diag .back

(On counts 1 to 4 - keep weight forward on these steps)

[17-24] SIDE, DRAG, TOUCH, HOLD, SIDE, DRAG, TOUCH, HOLD

1-2 Side step R, Drag L towards R
3-4 Touch L Toe beside R instep, Hold (Option – Snap fingers)
5-6 Side step L, Drag R towards L
7-8 Touch R Toe beside L instep, Hold (Option – Snap fingers)

FOR RESTARTS ONLY ADD THESE FOUR COUNTS

[25-28] SWAY, SWAY, ½ TURN R, SWAY

1-2-3-4 Sway Right, Sway L, Pivot ½ turn right on R Ball, Sway Left

This step description may be freely copied and distributed, but may not be altered or rewritten without the express permission of the choreographer.

Contact:-

#307 - 1717 W 13th Ave., Vancouver, BC, V6J 2H2, Canada

Tel & Fax No. 604-732-0693 - Email: aiground@telus.net - Website: <http://www.irenegroundwater.com>

