

She's Everything

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jodie Lavinia Cope (UK) - April 2012
音乐: She's Everything - Brad Paisley



Count in – 32 counts - start on vocals (she's a yellow pair of running shoes)

(1-8) Rock Forward, Recover, ½ turn right, Rock forward, Recover, ¼ turn left, Rock Forward, Recover

- 1 – 2 Rock forward right(1), Recover weight onto left foot(2)
- 3 Make ½ turn right stepping forward on right(3), (facing 6 o'clock)
- 4 – 5 Rock forward on left(4), Recover weight onto right(5).
- 6 Make ¼ turn left stepping forward on left(6). (facing 3 o'clock)
- 7 – 8 Rock forward on right(7), Recover weight onto left(8).

(9-16) ½ turn right, Rock forward, Recover, Sweep behind, Side, Step forward, Rock Forward, Recover

- 1 Make ½ turn right stepping forward on right(1), (facing 9 o'clock)
- 2 – 3 Rock forward on left(2), Recover weight onto right(3),
- 4 Sweep left foot from in front of right foot to behind(4)
- 5 & Step left behind right(5), Step right to right side(&),
- 6 – 7 Step forward left(6), Rock forward on right(7),
- 8 Recover weight onto left(8).

(17-24) ¼ turn right, ½ turn right, ½ turn right, Cross, Back & Cross, Side Behind & Cross

- 1 Make a ¼ turn right stepping right to right side(1), (facing 12 o'clock)
- & Make ½ turn right stepping left to left side(&), (facing 6 o'clock)
- 2 Make a ½ turn right stepping right to right side(2), (facing 12 o'clock)
- 3 – 4 Cross left over right(3), Step back on right(4),
- & 5 Step left to left side(&), Cross right over left(5),
- 6 – 7 Step left to left side(6), Cross right behind left(7),
- & 8 Step left to left side(&), Cross right over left(8).

(25-32) Left rock, Recover, Behind, ¼ right, Step forward, Rock forward, Recover, Back right shuffle.

- 1 – 2 Rock Left to left side(1), Recover weight onto right(2),
- 3 & Cross left behind right(3). Make a ¼ turn right stepping forward on right(&).(facing 3 o'clock)
- 4 Step forward on left(4),
- 5 – 6 Rock forward right(5), Recover weight onto left(6),
- 7 & 8 Back right shuffle stepping back on right(7), Step left next to right(&), Step back on right(8).

(33-40) Step back, Drag, Rock back, Recover, Walk forward right, left, Cross, Back, forward

- 1 – 2 Step back on left(1), Drag right foot back(2),
- 3 – 4 Rock back on right foot(3), Recover weight onto left(4),
- 5 – 6 Walk forward right(5), Left(6),
- 7 & Cross right over left(7), Step back slightly on left foot(&),
- 8 Step forward on right foot(8).

(41-48) Cross, Back, ¼ turn left, Cross, Hold, Side, Behind, ¼ turn left, Rock forward, Recover

- 1 – 2 Cross left over right(1), Step back on right(2),
- & Make a ¼ turn left stepping left to left side(&), (facing 12 o'clock)
- 3 – 4 Cross right over left(3), Hold(4),
- 5 & Step left to left side(5), Cross right behind left(&),
- 6 Make a ¼ turn left stepping forward on left(6). (facing 9 o'clock)
- 7 – 8 Rock forward on right(7), Recover weight onto left(8).

(49-56) ¼ turn right, cross, side, ½ turn left, Hold, Together, Cross, Side, ½ turn left, Hold.

- & Make a ¼ turn right stepping right to right side(&), (facing 6 o'clock)
- 1 – 2 Cross left over right(1), Step right to right side(2)
- 3 Make a ½ turn left stepping left to left side(making sure you keep weight on left foot)(3),(facing 12 o'clock)
- 4 Hold(4),
- & 5 Step right next to left(&), Cross left over right(5),
- 6 Step right to right side(6),
- 7 Make a ½ turn left stepping left to left side(making sure you keep your weight on your left foot)(7),(facing 6 o'clock)
- 8 Hold(8)

(57-64) Cross, Back, Side, Cross, ¼ turn left, Back left shuffle, Rock Back, Recover

- 1 – 2 Cross right over left(1), Step back left(2),
- & 3 Step right to right side(&), Cross left over right(3),
- 4 Make a ¼ turn left stepping back on right(4), (facing 3 o'clock)
- 5 & 6 Back left shuffle stepping back on left(5), Step right next to left(&), Step back on left(6),
- 7 – 8 Rock back right(7), Recover weight onto left foot(8).

Restarts & Tags

- **On the 2nd sequence after count 56 restart the dance.**

- **At the end of the 4th Sequence after count 64 add the following steps**

- 1 – 2 Rock forward right(1), Recover weight onto left(2),
- 3 – 4 Rock back right(3), Recover weight onto left(4).
- 5 – 6 Step forward right(5), Pivot ½ turn left transferring weight onto left foot(6),
- 7 – 8 Step forward right(7), Pivot ½ turn left transferring weight onto left foot(8)

Then restart the dance again

- **On the 5th sequence after count 33 add the following**

- 1 – 2 Drag your right foot back over the count (1-2)
- 3 – 4 Rock back on right foot(3), Recover weight onto left foot(4)

Then restart the dance again

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