

Follow Me Too

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Vikki Morris (UK) - March 2012
音乐: Follow Me - The Baseballs : (Album: Strings N Stripes)



Start on Vocals – 16 counts in

CHASSE RIGHT, ROCK RECOVER, STEP ½ PIVOT RIGHT X 2

1&2 Step Right to Right side, Step Left beside Right, Step Right to Right side
3-4 Rock back on Right, Recover on Right
5-6 Step forward Left, Pivot ½ turn right
7-8 Step forward Left, Pivot ½ turn right
(Non-turning option, rocking chair for counts 5,6,7,8)

CHASSE LEFT, ROCK RECOVER, STEP ½ PIVOT LEFT X 2

1&2 Step Left to Left side, Step Right beside Left, Step Left to Left side
3-4 Rock back on Right, Recover on Left
5-6 Step forward Right, Pivot ½ turn Left
7-8 Step forward Right, Pivot ½ turn Left
(Non-turning option, rocking chair for counts 5,6,7,8)

TOE STRUTTING JAZZ BOX ¼ RIGHT

1-2 Cross Right toe over Left, Slap heel down
3-4 Step back on Left toe, Slap heel down
5-6 Turn ¼ turn Right and step Right toe to Right side, Slap heel down (3 o'clock)
7-8 Step Left toe forward, Slap heel down (click fingers on counts 2, 4, 6, 8)

½ MONTEREY RIGHT, RIGHT KICK BALL STEP, RIGHT TOE STRUT

1-2 Point Right to Right side, Turn ½ turn Right on ball of Left stepping Right beside Left (9 o'clock)
3-4 Point Left to Left Side, Step Left beside right
5&6 Kick Right forward, Step Right beside Left, Step Left forward
7-8 Step Right toe forward, Slap heel down ***TAG & RESTART*** WALL 2

ROCK RECOVER, SHUFFLE BACK, ½ TURN RIGHT, WALK X 2 (KNEES BENT)

1-2 Rock forward Left, Recover on Right
3&4 Step back on Left, Step Right beside Left, Step back on Left
5-6 Turn ½ turn Right Stepping forward Right Left (3 o'clock)
7-8 With bent knees, Walk forward Right, Left (down, down)

RIGHT TOE, SCUFF, RIGHT SHUFFLE FORWARD, LEFT TOE SCUFF, LEFT SHUFFLE FORWARD

1-2 Touch Right toe to Left instep, Scuff Right foot across Left
3&4 Step Right forward in front of Left, Step Left beside Right, Step Right forward
5-6 Touch Left toe to Right instep, Scuff Left foot across Right
7&8 Step Left forward in front of Right, Step Right beside Left, Step Left forward

CROSS, BACK ¼ RIGHT, EXTENDED WEAVE TO RIGHT

1-2 Sweeping Right Cross Right over Left, Step back on Left
3-4 Turn ¼ turn Right stepping Right to Right Side, Cross Left over Right (6 o'clock)
5-6 Step Right to Right side, Cross Left behind Right
7-8 Step right to Right side, Cross Left over Right

STEP RIGHT HOLD, & STEP RIGHT TOUCH, ROLLING VINE LEFT WITH SCUFF

1-2 Step Right to Right Side, HOLD (click fingers on count 2)
&3-4 Step Left beside Right, step Right to Right side, Touch Left beside Right
(Click fingers on count 4)
5-6 Turn ¼ turn Left with Left, Turn ½ turn Left stepping back Right
7-8 Turn ¼ turn Left, scuff Right slightly to the Right diagonal (6 o clock)
(Non-turning option, Left vine for counts 5,6,7)

**16 COUNT TAG ON WALL 2 AFTER 32 COUNTS THEN RESTART FROM BACK WALL
LEFT ROCK RECOVER, LEFT COASTER STEP, & JUMP FORWARD CLAP, & JUMP BACK CLAP**

1-2 Rock forward Left, Recover on Right
3&4 Step back on Left, Step Right beside Left, Step Left forward
&5-6 Jump forward on Right, Left, Clap hands
&7-8 Jump back on Right, Left, Clap hands

STEP ½ PIVOT LEFT, STEP ¼ PIVOT LEFT, & JUMP FORWARD CLAP, & JUMP BACK CLAP

1-2 Step forward Right, Pivot ½ turn Left
3-4 Step forward Right, Pivot ¼ turn Left (6 o clock)
&5-6 Jump forward on Right, Left, Clap hands
&7-8 Jump back on Right, Left, Clap hands

(Easy option, rock recover, ¼ turn right, step left to right for counts 1,2,3,4)

Start again with a smile !

ENDING: Dance 30 counts (kick ball change) then touch right toe forward, turn ¼ turn left as you flick your right out to the right and pose
