

Knock Knock

拍数: 64 墙数: 2 级数: Improver / Easy Intermediate
编舞者: Tara Busbridge (UK) - April 2012
音乐: Knock Knock - Jack Savoretti : (Single - iTunes)



[1-8] Touch Right Out In, Right Heel Hook, Right Rocking Chair, Right Lock, Turn ½ Ball Step

1&2& Touch R toe out to R side, touch R toe next to L, touch R heel forward, hook R heel in front of L shin,
3&4& Rock forward on R, recover on Left, rock back on R, recover on L,
5&6 Step forward on R, step L slightly behind R, step forward on R,
7&8& Step forward on L, turn ½ on R, step on L, ball of R, (6:00)

[9-16] Left Side Rock Cross, Right Side Rock Cross, Left Side Behind Turn ¼, Triple Full Turn

1&2 Rock L to L side, recover on R, Step left across R,
3&4 Rock R to R side, recover on L, Step R across L,
5&6 Step L to L Side, R behind L, turn ¼ on L, (9:00)
7&8 Turn ½ turn on R, turn ½ turn on L, step forward on R,

[17-24] Left Forward Mambo, Right Back Lock, ¼ Sailor Turn, Right Scissors Across

1&2 Rock forward on L, recover on R, step L beside R,
3&4 Step back on R, step L across R, step back on R,
5&6 Sweep L behind R making a ¼ turn, step back on L, step R to side of L, step L forward, (12:00)
7&8 Step R, slide L to right, step R over L,

[25- 32] Syncopated Rumba Box, Left Back Lock, ½ Sailor Turn

1&2 Step L to L side, step R to L, step forward on L,
3&4 Step R to R side, step L to R, step back on R,
5&6 Step back on L, step R across L, step back on L,
7&8 Sweep L behind R making a ½ turn L, step back on R, step L to side of R, step R forward (6:00)

RESTART

[33-40] Left Side Shuffle, Right Cross Back Side, Cross Shuffle, ¼ Turn Shuffle

1&2 Step L to L side, step R beside L, step L to L side.
3&4 Step R over L, step back on L, step R to R side,
5&6 Cross L over R, step R to R side, step L over R,
7&8 Turn ¼ on R, step L across R, step back on R, (9:00)

[41-48] Left Coaster Step, Full Turn Forward, Weave

1&2 Step back on L, step R beside L, step forward on L,
3-4 Turn ½ on R, turn ½ on L, (9:00)
5&6& Step R to R side, step L behind R, step R to R side, step left over R,(TAG)
7&8& Step R to R side, step left behind R, step L to side, step L over R

[49-56] Toe Tap x 2, Right Side Kick x 2, Behind Side Cross, Left Strut, Right Cross Strut, Cross Back Cross

1&2& Tap R toe to L x 2, kick R to R diagonal x 2,
3&4 Step R behind L, step L to L side, step R over L,
5-6 L toe strut to L side, R cross toe strut over L,
7&8 Step back on L, step R to R side, cross L over R

[57-64] ¼ Monterey Kick, Left Jazz Box, Coaster Step, Run x 3

1&2& Touch R to R side, make ¼ turn stepping R to L, Touch L to L side, Kick L forward, (6:00)

3&4 Step L over R, step back on R, step L to L side,
5&6 Step back on R, step L to R, step R forward,
7&8 Step L forward, step R forward, step L forward.

Start again and Enjoy

TAG: On Wall 3 ~ Dance to count 46& then add:-

1&2 R side rock, recover on L, turning a ¼ turn to L and step forward on R

RESTART: After the Tag on Wall 3 restart the dance from count 33

Last Revision - 18th April 2012
