

Standing Still

拍数: 32 墙数: 2 级数: High Beginner - Cha Cha
编舞者: Mathias Pflug (DE) - April 2012
音乐: Standing Still - Roman Lob : (amazon)



Intro: After 16 counts - Start on main vocals!

[S1] R Side, L Close, R Chassé, L Sailor Shuffle with ¼ Turn L, Walk R+L

1-2 Step right to right side, Step left beside right
3&4 Step right to right side, Step left beside right, Step right to right side
5&6 Sweep left behind right, ¼ turn left stepping right beside left, Step left forward
7-8 Step forward on right, Step forward on left [9.00]

[S2] R Step, ½ Pivot Turn L, R Shuffle Forward, L Full Turn, L Shuffle Forward

1-2 Step right forward, ½ turn left on both balls
3&4 Step right forward, Step left beside right, Step right forward
5-6 Full turn left walking forward L-R
7&8 Step left forward, Step right beside left, Step left forward [3.00]

[S3] R Rock Forward, L Recover, R Coaster Step with Full Turn R, L Rock Forward, R Recover, L Chassé with ¼ Turn L

1-2 Step right forward, Recover on left
3&4 Right triple step (on the spot) making full turn right stepping R-L-R
5-6 Step left forward, Recover on right
7&8 ¼ left stepping left forward, Step right beside left, Step left beside left [12.00]

[S4] R Cross, L Side, R Sailor Shuffle with ¼ Turn R, L Step, ¼ Pivot Turn R, L Crossing Shuffle

1-2 Cross right over left, Step left to left side
3&4 Sweep right behind left, ¼ turn right stepping left beside right, Step right forward
5-6 Step left forward, ¼ turn right on both balls
7&8 Cross left over right, Step right beside left (still crossed), Cross left over right [6.00]

START AGAIN!

Tag 1: After wall 2 [12.00],3 [6.00] and 5 [6.00]

[T1] [Side, Touch] R+L

1-2 Step right to right side, Touch left beside right
3-4 Step left to left side, Touch right beside left

Tag 2: After wall 8 [12.00]

[T2] [Side, Touch] R+L, R Jazzbox

1-2 Step right to right side, Touch left beside right
3-4 Step left to left side, Touch right beside left
5-6 Cross right over left, Step left back
7-8 Step right to right side, Step left beside right

Note: This is the German track of the "Eurovision Song Contest 2012 - Baku".

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