

Disaster

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Junior Willis (USA) - February 2012
音乐: Disaster - JoJo



Start: 16 counts into music (at vocals)

Step out, Behind, Step ¼, Step forward, Pivot ¼, Cross, Step Back, Sweep, Behind-Side-Cross, Chase ¼ Turn

1-2& Step R out to R, step L behind R, step R out to R with ¼ to R (3:00)
3-4 & Step L forward, ¼ pivot R replacing weight to R, step L across R (6:00)
5 Step back on R while sweeping L around to front with ½ turn left (12:00)
6&7 Step L behind R with ¼ turn L, step R out to R, step L across R (9:00)
8&1 Step R out to R, pivot ¼ left replacing weight to L, step R forward (prepping for full turn) (6:00)

Triple Full Turn, Mambo, Walk back, Coaster ¼, Step Behind, Step out

2&3 Step L forward with ½ turn R, step R forward with ½ turn R, step L forward (6:00)
4&5-6 Step R forward, recover on L, step R back, step L back
7& Step R back, step L next to R
8&1 Step R slightly out to R with ¼ turn to left, step L behind R, step R out to R (3:00)

Step behind, Recover, Step out, Step behind, Recover, Rock out, Recover, Rock back, Recover, Prissy Walk, Prissy Walk

2&3 Step L behind R, recover on R, step L out to L
4&5& Step R behind L, recover on L, rock R out to R, recover on L
6& Rock back on R, recover on L
7-8 Walk forward on R crossing over the L, walk forward on L crossing over the R

Prissy Walk, Rock out, Recover ¼, Step forward, Chase ½, Step forward, Ball-Change ½, Ball-Change ¼

1 Walk forward on R crossing over the L
2&3 Rock L out to L, recover on R with ¼ right, step L forward (6:00)
4&5 Step R forward, pivot ½ left placing weight on L, step R forward (12:00)
6-7& Step L forward with prep, step ball of R forward with ¼ left, step L forward with ¼ left (6:00)
8& Step ball of R forward, step L forward with ¼ left (3:00)

Begin again.....

**Restart: At the end of wall 2, do the first 8& counts of the dance, then start the dance again.
(You will be facing the front wall when you restart the dance)**

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