

Single Words

拍数: 32 墙数: 4 级数: Beginner
编舞者: Louise Elfvengren (NOR) - April 2012
音乐: I Won't Let You Go - James Morrison



Intro 32 counts (26 seconds on music)

Alternative music: For the good times by Bouke

Intro: start at the word "sad". Using this track restart wall 5 after section 2.

SECTION 1: SIDE TOGETHER, CHASSE RIGHT, CROSS ROCK, ¼ CHASSE LEFT

1-2 Step right to right side, step left beside right
3&4 Step right to right, step left beside right, step right to right side
5-6 Cross left over right, recover onto right.
7&8 Step left to left, step right beside left, turn ¼ left step down on left (9)

SECTION 2: ROCK FW, ½ SHUFFLE RIGHT, PIVOT ½ RIGHT, SHUFFLE FORWARD

1-2 Rock right forward, recover onto left
3&4 Turn ½ right, stepping right forward, left beside right, step right forward (3)
5-6 Step left forward, turn ½ right stepping right forward (9)
7&8 Step left forward, step right beside left, step left forward

SECTION 3: ROCK FW, COASTER STEP, ROCK FW, ½ SHUFFLE LEFT

1-2 Rock right forward, recover onto left
3&4 Step right back, step left next to left, step right forward
5-6 Rock left forward, recover onto right
7&8 Turn ½ left, stepping left forward, step right beside left, step left forward (3)

SECTION 4: ROCK FW, COASTER STEP, ROCK SIDE, WEAVE WITH CROSS

1-2 Rock right forward, recover onto left
3&4 Step right back, step left next to right, step right forward
5-6 Rock left to left side, recover onto right
7&8 Cross left behind right, step right to right side, cross left in front of right.