

Let's Get Loud

COPPER KNOB
BY STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Totoy Pinoy (USA) - April 2012
音乐: Let's Get Loud - Jennifer Lopez : (CD: On The 6 - iTunes)



Start dancing on the word "loud"

CROSS ROCK-RECOVER, TRIPLE IN PLACE (LEFT, RIGHT)

1-2 Cross/rock left over right, recover to right
3&4 Triple in place stepping left, right, left
5-6 Cross/rock right over left, recover to left
7&8 Triple in place stepping right, left, right

WEAVE TO RIGHT (2X)

1-2 Cross left over right, step right to side
3-4 Cross left behind right, step right to side
5-8 Repeat 1-4

TRIPLES IN PLACE, TURN 1/4 LEFT, TRIPLES IN PLACE

1&2 Triple in place stepping left, right, left
3&4 Triple in place stepping right, left, right
5&6 Turn 1/4 left and repeat 1&2
7&8 Repeat 3&4

HEEL SWITCHES, HIP BUMPS

1&2 Step left heel forward, step ball of left together, step right heel forward
& Step right together
3&4 Repeat 1&2
5-6 Step right in place and bump hips right-left
7-8 Bump hips right-left and shift weight to left

ROCK-RECOVER, FORWARD CHASSE, STEP-TURN 1/4 RIGHT (2X)

1-2 Rock right back, recover to left
3&4 Chasse forward stepping right, left, right
5-6 Step left forward, turn 1/4 right (weight to right)
7-8 Step left forward, turn 1/4 right (weight to right)

REPEAT

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