

Wake Me Up And Stay

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Helen Reeson (AUS) - April 2012
音乐: Wake Me Up - Helene Fischer



[1- 8] SIDE, TOG, SHUFFLE FWD – Rock FWD / BACK, ¼R SIDE SHUFFLE

1,2,3&4 L side, R together, Shuffle fwd LRL
5,6 Rock fwd on R, Recover wgt back on L
7&8 Turn ¼R shuffle to R side RLR ... 3.00

[9-16] WEAVE R (4) – L CROSS / ROCK, SIDE**, TCH

1,2,3,4 Cross L over R, R to R side, L behind, R to R side
5,6,7,8 Cross L over R, Recover wgt onto R, L to L side, Touch R beside L

[17-24] STEP, PADDLE ¼L, STEP*, Clap – STEP, PADDLE ¼R, STEP, Clap

1,2,3,4 Step R fwd, Paddle ¼L (wgt on L), Step R fwd, Clap ... 12.00
5,6,7,8 Step L fwd, Paddle ¼R (wgt on R), Step L fwd, Clap ... 3.00

[25-32] Rock FWD / BACK, ½R SHUFFLE – L ROCKING CHAIR

1,2,3&4 Rock fwd on R, Recover wgt back on L, Turn ½R shuffle fwd RLR ... 9.00
5,6,7,8 Step fwd on L, Rock wgt back on R, Step back on L, Rock wgt fwd on R

BEGIN AGAIN... and enjoy

TAGS – both at 6.00

End of Walls 2 & 7 add 4 counts ... HIP BUMPS LRLR

RESTARTS – both at 12.00

Wall 5 after Step, ¼L, Step* (count 19), TOUCH L beside R, then Restart

Wall 11 after Cross / Rock, Side (count 15), STEP R beside L, then Restart**

FINISH – Wall 14 (starts at 6.00)

After Step, ¼L, Step* (count 19) add 2 counts ... PIVOT ½L, STEP to face front

Easy steps so everyone can enjoy dancing to this great song. Can be done as a split floor with one of our favourite dances choreographed by Barry Andracchio - Wake Me Up

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