

# Mess of Blues

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Yvonne Anderson (SCO) - March 2012  
音乐: Mess O' Blues - Jeff Healey : (Album: Mess Of Blues)



**Notes: Start on Main vocal. Two restarts walls 3&7 (both facing 3 o'clock) dance through to count 32, then on an & count step L beside right and begin dance again.**

**Music ends during wall 9 to finish facing forward dance through to count 24 (facing 6 o'clock) adjust paddle turn (paddle 1/4 twice, now facing 12 o'clock) weave and point as normal - strike a pose music ends as you point...taa dah!!**

## [1-8] FORWARD, TOUCH, BACK, KICK, HEEL GRIND, COASTER STEP

1-4            Step R forward, Touch L behind right, Step L back, Kick R forward [12]  
&5-6        (&) Step R beside left, Touch L heel forward, Grind L heel from right to left [12]  
7&8        Step L back, (&) Step R beside left, Step L forward

## [9-16] SHUFFLE FORWARD R & L, 1/4 TURN SIDE, HOLD, TOGETHER-SIDE, TOUCH

1&2        Shuffle forward stepping R, L, R [12]  
3&4        Shuffle forward stepping L, R, L [12]  
5-6        Make 1/4 turn left stepping R to side, Hold [9]  
&7-8       (&) Step L beside right, Step R to right, Touch L toes beside right [9]

## [17-24] 3/4 TURN LEFT, SHUFFLE 1/2 turn left, JAZZ BOX

1-2        Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back [12]  
3&4        Make 1/2 turn left stepping L, R, L [6]  
5-8        Step R across left, Step L back, Step R to right, Step L forward [6]

## [25-32] PADDLE 1/4, 1/2, WEAVE FRONT, SIDE, BEHIND, POINT

1-2        Step R forward, Make 1/4 turn left pushing hips back and around weight ends on left [3]  
3-4        Step R forward, Make 1/2 turn left pushing hips back and around weight ends on left [9]  
5-8        Step R across left, Step L to left, Step R behind left, Point L toes to left [9]

**Restart: walls 3&7 (both facing 3 o'clock) dance through to count 32 then on an & count step L beside right, begin again**

## [33-40] CROSS, UNWIND 3/4 TURN RIGHT, SHUFFLE BACK, ROCK BACK, RECOVER, FULL TURN RIGHT (travels forward)

1-2        Step L across right, Unwind 3/4 turn right [6]  
3&4        Shuffle back stepping R, L, R [6]  
5-6        Rock L back, Recover [6]  
7-8        Make 1/2 turn right stepping L back, Make 1/2 turn right stepping L forward [6]

## [41-48] SHUFFLE FORWARD, HEEL GRIND 1/4 TURN RIGHT, COASTER STEP, SHUFFLE FORWARD

1&2        Shuffle forward stepping L, R, L [6]  
3-4        Touch R heel forward, Grind 1/4 turn right weight ends on L [9]  
5-6        Step R back, (&) Step L beside right, Step R forward [9]  
7&8        Shuffle forward stepping L, R, L [9]

**Repeat**

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