

Jane

拍数: 32 墙数: 4 级数: Improver
编舞者: Mae Neihouse (UK) - April 2012
音乐: Jane - Bouke : (Album: Sing's Elvis & other Hits)



16 count intro

[1 – 8] R jazz box, Cross R over L, step L to left, R cross shuffle

1, 2, 3, 4 Step R fwd (1), cross L over R (2), step R back (3), step L to left (4)
5, 6 Cross R over L (5), step L to left (6)
7 & 8 Cross R over L (7), step L to left side (&), cross R over L (8) [12]

[9 – 16] Big step L to left, Drag R toward L, ball Cross, side, Behind, ¼ right, Shuffle forward

1, 2 Big step L to left and drag R toward L (1 2)
&3, 4 Step ball of R behind L (&), cross L over R (3), step R to right side (4)
5, 6 Step L behind R (5), turn ¼ R, step R forward (6)
7 & 8 Shuffle Forward, L R L [3]

[17 – 24] Jazz box ¼ right with brush, weave right / ¼ right

1, 2 Cross R over L (1), turn ¼ right, step L back (2)
3, 4 Step R to right (3), brush left toe forward (4)
5, 6, 7, 8 Cross L over R (5), step R to right (6), step L behind R (7), turn ¼ right and step R forward (8) [9]

[25 -32] Rock L forward, recover to R, Coaster step, RF Rocking chair

1, 2 Rock L forward (1), recover weight to R (2)
3 & 4 Step L back (3), step R next to L (&), step L forward (4)
5, 6, 7, 8 Rock R forward (5), recover weight to L (6), Rock R back (7), recover weight to L (8) [9]

Start again !!

Tag: every 2 repetitions, which ends on back wall (6:00) or front wall (12:00), adds 8 count tag

1, 2, 3, 4 Cross rock R over L, recover weight to L, Step R to right and hold on count 4
5, 6, 7, 8 Cross rock L over R, recover weight to R, step L to left and hold on count 8

Ending: The dance ends on third time you face back wall (6:00), dance 32 count, then add tag

1, 2, 3, 4 Cross rock R over L, recover weight to L, Step R to right and hold on count 4
5, 6, 7, 8 Step L forward, ½ turn right, step L forward and pose

Contact: mneihouse@yahoo.com