Town & Country

拍数: 32

级数: Intermediate

编舞者: Amber Link Holland - April 2012

音乐: Country Done Come to Town - John Rich : (CD: Rich Rocks, May 2011)

40 count intro, begin dancing on lyrics; start with weight on R

DIP, TOUCH (2X), WALK BACK, BACK, BACK, TOUCH

- 1-2 Step L to left side as you dip (1), straighten and point R toe to right side (2)
- 3-4 Step R to right side as you dip (3), straighten and point L to to left side (4)
- 5-6 Walk back L (5), walk back R (6)
- 7-8 Walk back L (7), touch R slightly forward to right diagonal (8)

DOWN, UP, DOWN, UP; KICK BALL CROSS, DRAG 1/4, TOUCH

- 1-2 Keeping weight L and R touched, dip body down (1) then straighten up (2)
- 3-4 Repeat 1-2 dip down (3), straighten up (4)
- 5&6 Kick R to slight right diagonal (5), step R to instep (&), cross L over R (6)
- 7-8 Drag R to right side (7), touch L to instep while making 1/4 turn left (8) (9:00)

CROSS, POINT, CROSS, POINT, ROCK, RECOVER, COASTER

- 1-2 Cross step L in front of R (1), point R out to right side (2)
- 3-4 Cross step R in front of L (3), point L out to left side (4)
- 5-6 Rock forward on L (5), recover weight to R (6)
- 7&8 Step back on L (7) , Step R beside L (&), Step L forward (8)

STEP, TOUCH ¼ , STEP, TOUCH, JAZZ ¼ , TOUCH

- 1-2 Step R to right side (1), make ¹/₄ turn left touching L toe forward (2) (6:00)
- 3-4 Step weight onto L (3), point R out to right side (4)
- 5-6 Cross R over L (5), step back onto L (6)
- 7-8 Step R forward making ¼ turn right (7), touch L beside R (8) (9:00)

Repeat, have fun, enjoy!

** TAG: End of wall 8 (before starting wall 9) you will be facing 12:00;

It's the second time you've come back to the front wall; dance 8 count tag and begin again with wall 9 facing 12:00.

HIP BUMPS (lyric at this point will be, "Can I get a helllillill yes!"

- 1-2 Bump hips left twice
- 3-4 Bump hips right twice
- 5-8 Bump hips left, right, left, right

Optional: Swing hips like doing hula hoop for 8 counts while making lasso motion with right arm over your head. Be sure your weight ends up on the right.





墙数:4