

Nan Ren Qing Nu Ren Xin

COPPERKNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Eva Pau (CAN) - April 2012
音乐: Nan Ren Qing Nu Ren Xin (男人情女人心) - Weng Li You (翁立友) & Huang Si Ting (黄思婷)



Optional 40 count Intro - after 16 counts.

FORWARD MAMBO, HOLD, BACK LOCK STEP, HOLD

1-4 Rock R forward, recover to L, step R back, hold
5-8 Step L back, cross R over L, step L back

BACK MAMBO, HOLD, FORWARD LOCK STEP, HOLD

1-4 Rock R back, recover to L, step R forward, hold
5-8 Step L forward, lock R behind L, step L forward

STEP PIVOT ½ TURN L, HOLD, FORWARD LOCK STEP, HOLD

1-4 Step R forward, pivot ½ turn L, step R forward
5-8 Step L forward, lock R behind L, step L forward

STEP PIVOT ½ TURN L, HOLD, FORWARD LOCK STEP, HOLD

1-8 Repeat 3rd section

SIDE ROCK RECOVER CROSS HOLD X 2

1-4 Rock R to side, recover to L, cross R over L, hold
5-8 Rock L to side, recover to R, cross L over R, hold

Start dancing on vocal

Main dance:-

SIDE, ROCK BACK, SIDE, ROCK BACK, FWD, STEP ½ R, FULL TURN L

1-2&3 Big step R to R, rock L diagonally behind R, recover to R, big step L to L
4&5 Rock R diagonally behind L, recover to L, step R forward
6&7 Step L forward, pivot ½ turn R, step L forward
8&1 Step R forward, pivot ½ turn L, step R back ½ turn L (6:00)

RONDE, BEHIND SIDE CROSS, FWD SHUFFLE, STEP ½ R, 7/8 TURN L

&2&3 Sweep L from front to back, step L behind R, step R to R, cross L over R
4&5 Shuffle diagonally forward R L R (7:30)
6&7 Step L forward, pivot ½ turn R, step L forward (1:30)
8&1 Step R forward, pivot ½ turn L, step R to R 3/8 turn L (3:00)

Restart here at 3rd wall (facing 9:00)

BEHIND SIDE CROSS, SIDE ROCK CROSS X 2, STEP ½ L

2&3 Step L behind R, step R to R, cross L over R
4&5 Rock R to R, recover to L, cross R over L
6&7 Rock L to L, recover to R, cross L over R
8&1 Step R forward, pivot ½ turn L, step R forward

FULL TURN R, FWD MAMBO, BACK MAMBO, STEP ½ L

2&3 Step L back ½ turn R, step R forward ½ turn R, step L forward
4&5 Rock R forward, recover to L, step R slightly back
6&7 Rock L back, recover to R, step L slightly forward
8& Step R forward, pivot ½ turn L

Ending – change 6&7, 8&1 of 1st section to:

6&7 Shuffle forward L R L

8&1 Cross R over L unwind full turn L, step R to R
