

For The Good Times

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Irene Groundwater (CAN) - March 2012
音乐: For The Good Times - Bouke : (CD: - Elvis Rocks)



**Intro: Start on the word....SAD. Dance Pattern: Intro 16 cts,
(1-32) x 4, TAG, (1-32) X 4, ENDING (1-8) X 3**

[1-8] (HEEL STRUTS) X 2, (TOE STRUTS) X 2

1-2-3-4 R Heel forward, Lower R Toe, L Heel forward, Lower L Heel
5-6-7-8 R Toe back, Lower R Heel, L Toe back, Lower L Heel

[9-16] SIDE, DRAG, TOUCH, HOLD, ¼ TURN LEFT, DRAG, TOUCH, HOLD

1-2-3-4 Side step R, Drag L Foot towards R, Touch L Ball beside R instep, Hold
5-6 Make ¼ turn left as you side step L, Drag R towards L
7-8 Touch R Ball beside L instep, Hold

[17-24] FWD, BRUSH, FWD, BRUSH, ROCKING CHAIR

1-2-3-4 R forward, Brush L Ball past R instep, L forward, Brush R Ball past L instep
5-6-7-8 R forward, Replace weight on L, R back, Replace weight on L

[25-32] DIAG BACK, DRAG, TOUCH, HOLD, DIAG BACK, DRAG, TOUCH, HOLD

1-2-3-4 R diagonally back, Drag L towards R, Touch L Ball beside R instep, Hold
5-6-7-8 L diagonally back, Drag R towards L, Touch R Ball beside L instep, Hold

BEGIN AGAIN

TAG - Dance counts 1 - 16 omitting the ¼ turn left on count 13.

[1-8] (HEEL STRUTS) X 2, (TOE STRUTS) X 2

1-2-3-4 R Heel forward, Lower R Toe, L Heel forward, Lower L Heel
5-6-7-8 R Toe back, Lower R Heel, L Toe back, Lower L Heel

[9-16] SIDE, DRAG, TOUCH, HOLD, SIDE, DRAG, TOUCH, HOLD

1-2-3-4 Side step R, Drag L Foot towards R, Touch L Ball beside R instep, Hold
5-6-7-8 Side step L, Drag R Foot towards L, Touch R Ball beside L instep, Hold

SPECIAL ENDING: - 24 COUNTS

[1-8] (HEEL STRUTS) X 2, (TOE STRUTS) X 2

[9-16] (HEEL STRUTS) X 2, (TOE STRUTS) X 2

[17-24] (HEEL STRUTS) X 2, (TOE STRUTS) X 2

(In other word you dance (counts 1 - 8) three times.)

Note:- If using the CD-For The Good Times, (2011) The ENDING is Counts(1-8) X 2 - THEN WAVE

This step description may be freely copied and distributed, but may not be altered or rewritten without the express permission of the choreographer.

Contact:-

307 - 1717 W. 13th Ave., Vancouver, B.C., Canada V6J 2H2, Tel & Fax No. (604-732-0693)

Email address: aiground@telus.net Website: - <http://www.irenegroundwater.com>