

Mr. Lonely

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner Plus
编舞者: Irene Groundwater (CAN) - March 2012
音乐: Mister Lonely - Bouke : (CD: Bouke sings Elvis,)



Intro: 16 counts

Dance Pattern: Intro, (1-32) x 11, RESTART (17 – 32) X 1, ENDING, 7 CTS, (SWAYS)

[1-8] BOX STEP

1-2-3-4 L forward, Hold, Side Right, Step L beside R
5-6-7-8 R. back, Hold, Side step L, Step R beside L

[9-16] ¼ TURN L, HOLD, FWD, BACK, BACK, HOLD, ¼ TURN R, ½ TURN R

1-2 Side step L making ¼ turn left on step, Hold,
3-4 R forward, L back
5-6 R back, Hold
7-8 L back with ¼ turn right on step, R forward with ¼ turn right on step

RESTART - STARTS HERE

[17-24] CROSS, HOLD, REPLACE, ¼ TURN L, FWD, HOLD, LOCK, FWD

1-2-3 Cross L over R, Hold, Replace weight on R,
4 L forward making ¼ turn left on step
5-6-7-8 R forward, Hold, Lock L behind R, R forward

[25-32] FWD, HOLD, FWD, ½ TURN L, FWD, HOLD, SWAY, SWAY

1-2-3-4 L forward, Hold, R forward, Pivot ½ turn left onto L
5-6-7-8 R forward, Hold, Side sway L, Side sway R

BEGIN AGAIN

ENDING:

SWAY, HOLD, SWAY, SWAY, SWAY, HOLD, SWAY

1-2-3-4 Sway L, Hold, Sway R, Sway L
5-6-7 Sway R, Hold, Sway L

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