Won't Let You Go



拍数: 64 墙数: 2 级数: Improver

编舞者: Christine Cotton (USA) - April 2012 音乐: I Won't Let You Go - James Morrison



Intro: Start After 32 Counts (26 Seconds) On Music (Four Slow Counts From The Word "Gone")

SECTION 1: RIGHT SIDE HOLD, BACK ROCK RECOVER, LEFT SIDE HOLD, BACK ROCK RECOVER.

1-2 Step right to right side, hold for one count
3-4 Rock back on left and recover onto right.
5-6 Step left to left side, hold for one count
7-8 Rock back on right, recover onto left.

SECTION 2: RIGHT SIDE HOLD, BEHIND SIDE CROSS, RIGHT SIDE ROCK RECOVER, CROSS

1-2 Step right to right side, hold for one count
3-4 Step left behind right, step right to right side.
5-6 Cross left in front of right, rock right out to right side.

7-8 Recover onto left, cross right in front of left.

SECTION 3: LEFT SIDE ROCK RECOVER, CROSS SHUFFLE, RIGHT SIDE ROCK RECOVER, CROSS SHUFFLE.

1-2 Rock left foot to left side, recover onto right

3&4 Cross left over right, step right to right side, cross left over right

5-6 Rock right to right side, recover onto left.

7&8 Cross right over left, step left to left side, cross right over left.

(Cross shuffles should be done moving forward)

SECTION 4: STEP FORWARD LEFT, PIVOT 1/4 RIGHT, LEFT CROSS SHUFFLE, SWAY RIGHT, HOLD, SWAY LEFT, HOLD.

1-2 Step left foot forward, pivot ¼ turn right.

3&4 Cross left over right, step right to right side, cross left over right.

5-6 Step right to right side, swaying right, hold for one count.

7-8 Step left to left side, swaying left, hold for one count.

SECTION 5: TOUCH FORWARD, TOUCH BACK, RIGHT SHUFFLE FORWARD, TOUCH FORWARD, TOUCH BACK, LEFT SHUFFLE FORWARD.

1-2 Touch right toe forward, touch right toe back.

3&4 Step right foot forward, close left beside right, step right foot forward.

5-6 Touch left toe forward, touch left toe back.

7&8 Step left foot forward, close left beside right, step left foot forward.

SECTION 6: RIGHT FORWARD ROCK, RECOVER, TRIPLE ½ TURN RIGHT, LEFT SHUFFLE FORWARD.

1-2 Rock forward onto right, recover onto left.

3&4 Triple step, stepping right, left, right, making a ½ turn right.

Step forward on left, close left right beside left, step forward on left.

7-8 Step forward on right, turn a ¼ pivot left.

SECTION 7: CROSS RIGHT POINT LEFT, BACK CROSS LEFT POINT RIGHT. X2

1-2 Cross right over left, point left to left side.

3-4 Cross left behind right (stepping back) point right to right side.

5-6 Cross right over left, point left to left side.

7-8 Cross left behind right (stepping back) point right to right side.

SECTION 8: WALK FORWARD RIGHT, HOLD, WALK FORWARD LEFT, HOLD, RIGHT ROCKING CHAIR.

Step forward onto right, hold for one count.
Step forward onto left, hold for one count.
Rock forward onto right, recover onto left
Rock back onto right, recover onto left.

To finish.... dance up to the side rock cross shuffles in section 3, Step forward on left and make a slow 4 count ½ turn to face front.