

Be Pretty

COPPER KNOB
STEPPERS

拍数: 132 墙数: 1 级数: Phrased Intermediate
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Sequence : Intro, A, A, B, A, A, Ending

PART A : 88 COUNT

S1, S2 : R CHASSE, ROCK RECOVER, L CHASSE, ROCK, RECOVER

1&2 3 4 R chasse RLR, L back rock recover

5&6 7 8 L chasse LRL, R back rock recover

S3,S4 : TOE POINT, JAZZ BOX HOLD, TOE POINT, JAZZ BOX TOUCH

1 2 3 4 R toe -point, front-side

5 6 7 8 R over L, L step back, R step, hold

1 2 3 4 L toe-point, front-side

5 6 7 8 L over R, R step back ,L step ,touch

S5, S6 : WALK FORWARD x 3, KICK, WALK BACK x 3, FLICK

1 2 3 4 walk forward(diagonal) RLR, kick L

5 6 7 8 walk backward(diagonal) LRL, flick R

1 2 3 4 walk backward (diagonal) RLR, flick L

5 6 7 8 walk forward (diagonal) LRL, kick R

S7 : ROCKING CHAIR x 2

1-8 rock forward on R, recover on L, rock back on R, recover on L

S8 : CROSS , POINT L, CROSS, POINT R x 2

1 2 3 4 cross R, point L to side, cross L, point R to R side

5 6 7 8 cross R, point L to side, cross L, point R to R side

S9 : WALK BACK, KICK x 4

1 2 3 4 walk backward R, kick L, walk backward Lkick R

5 6 7 8 walk backward R, kick L, walk backward Lkick R

S10 : SPOT RUN, SWAY

1 2 3 4 spot run clockwise to face R L R L

5 6 7 8 sway R L R L(sexy)

S11 : HIP BUMP

1-8 hip bump(weight on L, open hands to side)

PART B : 44 COUNT

S1,S2,S3 : SIDE , TOGETHER, SIDE TOUCH(CLAPS)

1-4 Step R, step L together, step R, touch L(claps)

5-8 Step L, step R together, step L, touch R(claps)

S4, S5 : R SIDE, CROSS, SIDE, KICK, L SIDE, CROSS, SIDE, KICK

1 2 step R to side, cross L over R angle body towards L diagonal

3 4 step R to side, kick L diagonal forward body angled towards L diagonal

5 6 step L to side, cross R over L angle body towards R diagonal

7 8 step L to side, kick R diagonally forward body angled towards R diagonal

S6 : R SIDE, UNWIND

1-4 Step R to side, cross L over R,unwind(weight on L)

ENDING :DO THE FIRST 16 COUNT OF SECTION B, THEN POSE.....

Note: Free Styling- Both arms spread to side, Feel free to add some sexy styling !
