

Everyday

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Ryan Hunt (UK) - March 2012
音乐: Everyday - Britney Spears



Intro: Start after 16 counts on vocals

S1: ¼ FORWARD, ½, ½, SIDE, ROCK BACK SIDE, BEHIND SIDE, PRISSY WALK, PRISSY WALK

1 Make ¼ turn L stepping forward on L (9)
2&3 Make ½ turn L stepping back on R, Make ½ turn L stepping forward on L, Step R to R side
4&5 Cross Rock L behind R, Recover onto R, Step L to L side
6& Cross R behind L, Step L to L side
7-8 Cross Walk R slightly over L, Cross Walk L slightly over R

S2: FORWARD ROCK, & ¼ CROSS, QUICK SWAYS, SIDE, ROCK BACK, ¼ BACK, RUN, RUN, ½ SWEEP

1-2 Rock forward on R, Recover back on L
&3 Make ¼ turn R stepping R to R side, Cross L over R (12)
4&5 Step R to R side as you Sway hips R, Sway hips back to L, Push off ball of L as you step R to Side
6&7 Cross Rock L behind R, Recover on R, Make ¼ turn R stepping back on L (3)
8&1 Run back R, Run back L, Make ½ turn R stepping forward on R as you sweep L from back to front (9)

S3: CROSS, BACK, BACK, CROSS, BACK, ¼ CROSS ROCK, RECOVER, EXTENDED WEAVE LEFT

2&3 Cross L over R, Step back and slightly side on R, Step back on L
&4& Cross R over L, Step back on L, Make ¼ turn R stepping R to R side (12)
5-6 Rock L diagonally across R (1.30), Recover back on R
7&8& Step L to L side (12.00), Cross R over L, Step L to L side, Cross R behind L

S4: SIDE, ROCK BACK ¼ FORWARD, PIVOT ¾ SIDE, ROCK BACK & DRAG UP, RUN, RUN

1 Step L to L side
2&3 Cross rock R behind L, Recover on L, Make ¼ turn R stepping forward on R (3)
4&5 Step forward on L, Pivot ¾ turn R, Step L to L side (12)
6&7 Cross rock R behind L, Recover on L, Step R to R side as you drag L toes up to meet R
8& Run forward L, Run forward R

S5: FORWARD ROCK & ¼ CROSS ROCK & CROSS ROCK & ¼ FORWARD ROCK

1-2& Rock forward L, Recover back on R, Make ¼ turn L stepping L to L side (9)
3-4& Cross Rock R over L, Recover back on L, Step R to R side
5-6& Cross Rock L over R, Recover back on R, Make ¼ turn L stepping forward on L (6)
7-8 Rock forward on R, Recover back on L

S6: & SPIN FULL TURN, CROSS, SIDE ROCK CROSS, SIDE, ROCK BACK, SIDE DRAG, TOUCH

&1-2 Make ½ turn R stepping forward on R, Make another ½ turn R spinning on ball of R, Cross L over R
3&4 Rock R to R side, Recover on L, Cross R over L (6)
5-6& Step L to L Side, Cross Rock R behind L, Recover back on L
7-8 Take a big step to R on R foot as you drag L toes up to meet R, Touch L next to R (6)

Start again from the top!

ENDING: Slow down counts 31-32 on Wall 5 as you finish facing 12:00

